

**Report of the  
Overeaters Anonymous  
28<sup>th</sup> Region Ten Assembly**

**held virtually out of  
Perth, Western Australia**

**12th-15th October 2021**

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## LIST OF REPRESENTATIVES IN ATTENDANCE AT ASSEMBLY

| Intergroups/Unaffiliated Groups                | Representative/Liaison                    |
|--|---|
| Adelaide                                       | Leslie Jacobs (RR)                        |
| Auckland                                       | Angela Horn (RR)<br>John Matthews (RR)    |
| Central North Island - Te Puku o Te Ika a Maui | -----                                     |
| China  | Daniel Blumberg (RR)                      |
| Indonesia Group                                | -----                                     |
| Japan International                            | -----                                     |
| Japan Language Service Board                   | Satoshi (L)                               |
| Melbourne                                      | Kaye Dixon (RR)                           |
| Perth  | Claudia Rodriguez (RR)                    |
| Queensland                                     | Jill Yeomans (RR)                         |
| Singapore Group                                | -----                                     |
| South Korea                                    | Emma Kim (RR)                             |
| Sydney   | Sonia Underwood (RR)                      |
| Te Waipounamu – South Island                   | Anne-Marie Rose (RR)<br>Sacha Sunter (RR) |
| Thailand Group                                 | -----                                     |
| Wellington                                     | Amanda Gray (L)                           |

### REGION TEN BOARD before Assembly:

|            |                    |
|------------|--------------------|
| CHAIR      | Dinah Walker       |
| VICE-CHAIR | Samantha Bews      |
| SECRETARY  | Donna Aldridge     |
| TREASURER  | Susan Moore        |
| TRUSTEE    | Letitia McLaughlan |

### REGION TEN BOARD after Assembly:

|                 |                    |
|-----------------|--------------------|
| CHAIR           | Susan Moore        |
| VICE-CHAIR      | Samantha Bews      |
| SECRETARY       | Donna Aldridge     |
| TREASURER       | Claudia Rodriguez  |
| TRUSTEE         | Letitia McLaughlan |
| TRUSTEE NOMINEE | ---vacant---       |

## REGION TEN SERVICE DIRECTORY

|   |   |  |   |
|---|---|--|---|
| Trustee   | Letitia McLaughlan<br>+64 2 7465 7910<br><br>r10trustee@gmail.com                               | Chair                                    | Susan Moore<br>+61 404 479 291<br><br><a href="mailto:r10chair@gmail.com">r10chair@gmail.com</a>                    |
| Treasurer   | Claudia Rodriguez<br>+61 431 211 435<br><br>r10treasurer@gmail.com                              | Secretary                                | Donna Aldridge<br>+61 424 179 836<br><br>r10secretary@gmail.com   |
| Vice-Chair  | Samantha Bews<br>+61 478 636 718<br><br>r10vicechair@gmail.com                                  | Information                              | Region Ten Vice-chair<br><br><a href="mailto:info@oaregion10.org">info@oaregion10.org</a>                           |
| Public Information/<br>Professional Events<br>Committee Chair | Angela Horn<br>+64 210 228 8006<br><br>angelahorn@hotmail.com                                   | International Support<br>Committee Chair | Kaye Dixon<br>+61 407 645 764<br><br><a href="mailto:kaye@kdmassagecourses.com.au">kaye@kdmassagecourses.com.au</a> |
| Internal Support<br>Committee Chair                           | Sonia Underwood<br>+61 452 500 425<br><br>soniapucca@gmail.com                                  | Web/Comm<br>Committee Chair              | Leslie Jacobs<br>+61 437 298 049<br><br><a href="mailto:lesliejacobs@bigpond.com">lesliejacobs@bigpond.com</a>      |
| Webmaster   | Aleksandra Pawlik<br><br><a href="mailto:webmaster@oaregion10.org">webmaster@oaregion10.org</a> | Archivist                                | Cliff Baker<br><br><a href="mailto:r10archivist@gmail.com">r10archivist@gmail.com</a>                               |
| Bylaws Committee  | The Board   |  |   |

## REGION TEN INTERGROUP ADDRESSES

| AUSTRALIA                             |   | NEW ZEALAND                         |  |
|---------------------------------------|---|-------------------------------------|--|
| <b>Adelaide</b>                       | Tel +61 8 8224 0500<br><b>email</b><br><a href="mailto:adelaideoa.welcome@gmail.com">adelaideoa.welcome@gmail.com</a><br><b>website</b><br><a href="http://oadelaide.org">oadelaide.org</a> | <b>Auckland</b>                     | Tel +64 9 376 3068<br><b>email</b><br><a href="mailto:aucklandoa@gmail.com">aucklandoa@gmail.com</a><br><b>website</b><br><a href="http://aucklandoa.com">aucklandoa.com</a>   |
| <b>Brisbane</b>                       | Tel +61 7 3030 3619<br><b>email</b><br><a href="mailto:oaqldsecretary@gmail.com">oaqldsecretary@gmail.com</a><br><b>website</b><br><a href="http://oaqld.org">oaqld.org</a>                 | <b>Hamilton</b>                     | Tel +64 7 839 1599<br><b>email</b><br><a href="mailto:oahamigsecretary@gmail.com">oahamigsecretary@gmail.com</a><br><b>website</b><br><a href="http://oacentralnorthislandnz.com">oacentralnorthislandnz.com</a>         |
| <b>Melbourne</b>                      | <b>email</b><br><a href="mailto:oamelb@gmail.com">oamelb@gmail.com</a><br><b>website</b><br><a href="http://oa.org.au">oa.org.au</a>  | <b>Canterbury</b>                   | Tel +64 3 365 3812<br><b>email</b><br><a href="mailto:oasouthislandnz@gmail.com">oasouthislandnz@gmail.com</a><br><b>website</b><br><a href="http://oasouthisland.nz">oasouthisland.nz</a>                               |
| <b>Perth</b>                          | Tel +61 8 9420 7254<br><b>email</b><br><a href="mailto:Perth@OARegion10.org">Perth@OARegion10.org</a><br><b>website</b><br><a href="http://oaperth.blogspot.com">oaperth.blogspot.com</a>   | <b>Wellington</b>                   | Tel +64 4 384 8821<br><b>email</b><br><a href="mailto:overeaters.anonymous.wellington@gmail.com">overeaters.anonymous.wellington@gmail.com</a><br><b>website</b><br><a href="http://oawellington.nz">oawellington.nz</a> |
| <b>Sydney</b>                         | Tel +61 2 9518 3004<br><b>email</b><br><a href="mailto:chair@oasydney.org">chair@oasydney.org</a><br><b>website</b><br><a href="http://oasydney.org">oasydney.org</a>                       |                                     |  |
| CHINA                                 |   | SOUTH KOREA                         |  |
| <b>China</b>                          | <b>email</b><br><a href="mailto:OACHinaIG@163.com">OACHinaIG@163.com</a><br><b>website</b><br><a href="mailto:oachinaig@outlook.com">oachinaig@outlook.com</a>                              | <b>South Korea</b>                  | <b>email</b><br><a href="mailto:s.koreaaoa@gmail.com">s.koreaaoa@gmail.com</a><br><b>website</b><br><a href="http://oakorea.org">oakorea.org</a>   |
| JAPAN                                 |   |                                     |  |
| <b>Japan International Intergroup</b> | <b>email</b><br><a href="mailto:oatokyo@gmail.com">oatokyo@gmail.com</a>  | <b>Japan Language Service Board</b> | <b>email</b><br><a href="mailto:japanlanguageserviceboard@gmail.com">japanlanguageserviceboard@gmail.com</a><br><b>website</b><br><a href="http://japan.capoo.jp">japan.capoo.jp</a>                                     |

# FINAL REPORT OF REGION TEN ASSEMBLY

Virtually out of Perth, Western Australia

12<sup>th</sup> October - 15<sup>th</sup> October 2021

## Tuesday 12 October 2021

The Assembly Meeting (Session 1) opened at **9.00am** with the Serenity Prayer (Letitia)

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The Chair welcomed those present to the first informal Region Ten Meeting and encouraged them to ask questions by raising the electronic hand.

Attendees were asked to speak slowly as there were members present who speak English as their second language.

Timekeeper – Faith

Everyone was given 2-minutes to check-in with a service focus.

Everyone was thanked for their willingness to serve, especially those who had completed their service at this time. The Assembly was very pleased to welcome Satoshi from the Japan Language Service Board and Emma from the Korea Intergroup present at this Assembly.

Observers were mentioned as being an integral part of Region Ten and who also were thanked for giving up their time to be present.

The Chair checked that everyone understood the overall format and agenda of the Assembly and announced any changes to the Assembly Agenda - there were none.

The Chair reminded reps that we have all five Board positions vacant this year and announced the candidates at the time:

Chair - Susan M;

Vice Chair - Samantha B;

Secretary - Donna A;

Treasurer – Claudia R;

Trustee Nominee - .....

Webmaster - .....

The Chair announced that we had received a bid from Te Waipounamu - South Island Intergroup for hosting the 2022 Assembly and Convention and an indication from Sydney Intergroup for hosting the 2023 Assembly and Convention.

The Chair asked if there were any applications for R10 WSBC Delegate Support Fund 2022. There were none. The Chair encouraged intergroups to consider sending at least one qualified delegate to WSBC next year.

If any Intergroup intends to ask WSO for funds to help get their delegate to WSBC 2022, then they need to apply for funds from Region Ten first, at this assembly.

Service Body Reports: Intergroup's and Unaffiliated Groups presented reports as already emailed and questions were answered (see Appendix I (a)).

Members were asked to consider the issues from these reports, how the committees can help solve these and how Region 10 can best serve Intergroups.

The BOT Restructuring Committee PowerPoint was presented by the Chair and Trustee. Questions were answered.

**The session closed at 12.00pm**

## Wednesday 13 October 2021

The Assembly Meeting (Session 2) opened at **9.00am** with the Serenity Prayer (Dinah)  
Reading of the day (Angela).

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The Treasurer announced all Intergroup/Group contributions.

Board candidates – Susan, Samantha, Donna and Claudia each had 3 minutes to present and answer questions for up to 5 minutes.

Sacha from Te Waipounamu - South Island Intergroup presented the bid to host the 2022 Convention as a hybrid event. The information was distributed by email.

Members had the opportunity to ask questions of the 'Maker of the Motions'.

A Business Motion Consensus List was created. (These were the motions that were deemed to be not controversial and so did not require an amendment or debate and would be passed in bulk later.)

There were no 2022 WSBC Delegate Support Applications for WSO funding for the Chair to sign off.

Committee report updates were given, and questions answered. (See Appendix II (a))

Board report updates were given, and questions answered. (See Appendix II (b))

Service Body Forum - SBF - Accumulated issues and highlights from Service Body Reports were shared – There was discussion of how to solve the issues/challenges. (See Appendix I (b))

The Chair set the committees for the coming year:

Internal Support

International Support

Public Information and Professional Exhibits

Web/Comm

Members each chose a committee.

Breakout Rooms were used to elect chair and secretary, to handover the committee 'folder' and to gather member details. As time permitted, the Action Plans were started.

The committees went into breakout rooms to choose their chair (not a new Rep if at all possible)

They got their member details, and they began their action plan outline. They were to be prepared to work on the action plans the next day.

**The session closed at 11.55am**

## Thursday 14th October

The Assembly Meeting (Session 3) opened at **9.00am** with the Serenity Prayer (Jill), 5th Tradition - long form (Susan), Responsibility Pledge (Susan)

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Members were welcomed and asked to move into their committee breakout room to develop an action plan for the year with 10 min breaks every hour.

The committees were given until 11.00am to bring back their action plans for group conscience discussion and finalising of the committee goals.

The Action Plans were presented by the Chair of each committee. These were sanctioned as being draft copies with finals due tomorrow

**The session closed at 11.55am**

## Friday 15th October

**The formal business meeting of the Assembly opened at 9.00am** with the Preamble (Claudia), 12 Steps, 12 Traditions, (Sacha) 12 Concepts, (John) Timers (Janet & Drew) Credentials - We had a Quorum of 13 voting members

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### **Everyone was welcomed to the Formal Region Ten Assembly Meeting. Standing Rules**

#### **The Standing Rules (read by Samantha)**

1. Robert's Rules (basic parliamentary guidelines) will be used for conducting the assembly, unless special rules have been adopted. (These Ground Rules, the Region Ten Bylaws, the Twelve Traditions and the Twelve Concepts of OA Service all take precedence over Robert's Rules.)
2. We will listen to others and respect one another's point of view in accordance with the Twelve Traditions and Twelve Concepts of OA service.
3. In all deliberations, group conscience is more important than the technicalities of the actual motion.
4. As trusted servants, all representatives/liaisons are expected to attend and to arrive early to all sessions.
5. Please wait until you are recognized by the Chair before you speak.
6. Discussion of main motions is limited to three (3) speakers for pro and three (3) speakers for con. Each speaker is limited to three (3) minutes. Discussion of debatable subsidiary motions is limited to two (2) speakers for pro and two (2) speakers for con. Each speaker is limited to two (2) minutes.
7. There will be specific time restrictions on individual's contributions - the chairperson will act to keep discussion within the timetable. Once having spoken, all others will be allowed to speak, on the same business, before you speak again. For business discussion items, debate is limited to 10 minutes for each of them. Thereafter recommendations for a motion can be made and voted upon.
8. The elected representatives to assembly are entitled to a voice and a vote. Elected officers of the Region Ten Board may vote at the assembly in accordance with Robert's Rules of Order – the Chairperson may cast a vote on issues to make or break a tie and may cast a ballot in elections. The Region Ten Trustee is entitled to a voice but no vote at this assembly.
9. All OA members are welcome to attend the assembly. Attending members who are not region representatives (whether from Region Ten or not) may speak by invitation of the Chair (eg. Intergroup Liaisons and Observers). They are not entitled to a vote at assembly. For business under discussion, pertinent suggestions may be sent (via CHAT) to the chair for consideration.
10. No recording equipment or beeping pagers will be permitted in the business sessions, committee meetings or workshops other than those approved by the Chair.
11. All phones must be switched to silence while sessions are in progress other than those approved by the Chair.
12. Emergency new business motions must be submitted to the Chairperson in writing by 12:00pm AWST time on Thursday 14th October 2021.
13. Virtual attendance etiquette:
  - \* Rename yourself as first-name and intergroup name e.g. Sally P – QLD intergroup.
  - \* Have video on to maintain a 12-Step Business Meeting environment.
  - \* Use 'Raise hand' – to be heard.
  - \* Please remain on Mute until recognised by the Chair.
  - \* Please be seated as if in a business meeting. If you need to move around – turn off your video while you are moving.
  - \* If you are not alone, please use headphones and ensure others cannot see your screen.
14. These ground rules may be adapted to meet the group conscience.

These Standing Rules were adopted without amendment.



## Assembly 2020 Final Report Adoption

The Assembly 2020 Final Report was adopted with amendments to Adelaide and China's Intergroups website addresses.

## 2022 Assembly and Convention Bid

The members voted to adopt the proposal for the 2022 Assembly and Convention being held by Te Waipounamu – South Island Intergroup at Christchurch NZ. The 2022 Assembly will be a virtual event; the 2022 Convention will be a hybrid event.

## 2021-2022 Committee Action Plans (Please see Appendix V)

The Assembly adopted the Committee Action Plans as presented on Thursday. Minor changes were expected to be finalised in time for this report subject to the Region Ten Board approval. (Please see Appendix V for the final version of the Committee Action Plans.)

## The Consensus Motions List was adopted

Motions 1 and 2 on the list.

## Region Ten Board Elections

These were held, with the following results:

New Chair – Susan Moore,

Vice-chair - Samantha Bews,

New Treasurer – Claudia Rodriguez,

Secretary - Donna Aldridge,

Trustee Nominee – vacant,

Webmaster nominee - vacant.

## New Business Motions (Please see Appendix III)

### PROPOSED NEW BY-LAW AMENDMENT 1 - was adopted on the Consensus List.

*Effect – We now have a member invested in fundraising as the chair. This is not always the treasurer who would still be involved as the board liaison.*

### PROPOSED NEW BY-LAW AMENDMENT 2 was adopted on the Consensus List.

*Effect – After the adoption of Motion 2 above, the function of this committee is now clearer.*

### PROPOSED NEW BY-LAW AMENDMENT 3 was amended then adopted by Assembly after debate (pros and cons), questions, and voting.

*Effect – This was a new committee, and it now has a purpose defined.*

## Region Ten Budget 2021-2022 (Please see Appendix IV)

### The Treasurer presented the updated Income and Expenditure Account and the Budget

For the past year our income has increased, and expenses decreased dramatically due to the travel restrictions in place. Looking to the next year this trend will probably be reversed as more meetings return to face-to-face from virtual, and travel restrictions are eased in many countries. Therefore, we can only estimate the travel expenses for the Board members and Region Representatives to travel to the 2022 Region Ten Convention (hybrid) in Christchurch and the Chair to travel to WSBC. The total budgeted board expenses are \$14,070.

The Committees put forward their budgeted expenses totalling A\$16,510

We have set aside A\$16,575 to support Intergroups to send a delegate to WSBC 2022.

It was agreed that we would contribute A\$5,000 to World Service Office.

The final surplus after all income and expenses is A\$1,540

**The budget was presented, and the Assembly collaborated; decisions were made and the budget was adopted for the forthcoming year.**

## **The Good of the Order**

The Region Ten Representatives and Board moved to a 'Breakout' room for the Good of the Order while Fellowship continued on the 'Main' room.

We all came back together for the Closing with the OA Promise (followed by fellowship).

**Assembly closed at 1:15pm**

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***Disclaimer: The Assembly was to have been recorded for the purpose of being able to check the Assembly Minutes. This recording failed on several occasions, so we do not have a complete summary of the Assembly. We apologise for any inconvenience.***  
***Region Ten Board***

## Appendix I (a) – SERVICE BODY ANNUAL REPORTS

### **SERVICE BODY NAME: Adelaide Intergroup**

**NUMBER of groups:** 5

**Approximate number of members in Service Body area:** 35

**Service Body positions:** Chair, Vice Chair (vacant), Secretary (vacant), Treasurer, Region 10 Representative, World Service Business Conference Delegate (vacant), Webmaster, Public Information Officer (vacant)

**When we meet:** 11am on the second Saturday of the month, following the regular Saturday morning meeting.

### **INTERGROUP ACTIVITIES – HIGHLIGHTS**

- Our intergroup is continuing to support members during these uncertain times. Some meetings have been able to return to some Face to Face, and are now hybrid meetings. This enables members who are unable to attend in person to join via Free Conference Call or Zoom.
- The Intergroup is continuing to support literature purchases and dissemination of literature from some Face-to-Face groups that have had to close.
- Ongoing maintenance and updates to the OA Adelaide website to reflect changes in meetings and requirements due to changing Covid restrictions.
- The Intergroup has purchased a Zoom account for use by all affiliated meetings.
- Adelaide Intergroup will be holding a hybrid retreat in November including Face to Face and Zoom workshops and meetings.
- Some meetings have seen an increasing number of core members regularly attending their meetings.

### **INTERGROUP ACTIVITIES – ISSUES AND CHALLENGES**

- There has been a sharp decline in members over the past 12 months. Only a small number of members have returned to some face-to-face meetings, as well as a significant decrease in the number of members attending virtually.
- A core group of members undertaking many of the service positions at the group and intergroup level. It is a challenge to maintain membership to enable people to take on these service positions.

### **SERVICE BODY Name: Auckland Intergroup**

**Number of groups:** 11

**Approximate number of members in Service Body area:** 90

**Service Body Positions:** Chairperson, Treasurer, Secretary, Region 10 Reps x2, Website, Treatment Centre Speaker Co-ordinator, Gmail & Information Co-ordinator.

**Positions currently vacant:** WSO Rep, Region 10 Rep x1,

**When we meet:** 9.30am on the 3rd Saturday of the month. During “Lockdowns” we have switched to ZOOM meetings.

### **INTERGROUP ACTIVITIES – HIGHLIGHTS**

- Auckland Intergroup covers South of Auckland to Northland. We currently have 11 meeting that include 4 ZOOM meetings. However, due to Covid-19, a number of meetings have had to switch to ZOOM during the “Lockdowns”
- Auckland Intergroup’s Web Committee is currently working on the development of a New Zealand OA website (modelled after NZ’s - AA site). From the site you will be able to

access a link on a map to all available OA meetings in NZ Regions. This is a project still under development with interest and support from all NZ Regional OA groups.

- Auckland is in its 5th Lockdown. Most groups have pivoted to include ZOOM along with their face-to-face meetings. We currently have 4 ongoing ZOOM meetings out of Auckland: Fri 7pm, Saturday 7pm, Sunday 7pm & Monday 12:30pm.
- Having Intergroup meetings 'HYBRID' with ZOOM has increased attendance.
- Auckland OA continues to be listed (since Dec 2019) with the NZ Ministry of Social Development within their Directory of Service Providers. Referrals from Health Point have arrived at OA. Auckland and Counties District Health Boards, Eating Disorder Unit & Public Mental Health Units are aware of the breadth of OA support.
- Addiction Centres continue to request OA speakers. Updated Auckland OA business cards are distributed along with OA Auckland pens to attendees. This is a great way to get the OA message to the continuing to suffer overeater.
- Due to streamlining of service positions that had remained vacant for some time, three service roles were disbanded: The role of "Literature Rep" was replaced with groups encouraged to liaise with one another to do orders directly online. "Public Information" has become the responsibility of each member. "Special Events" - each group is to be responsible for hosting an event during the year.
- 7th Tradition: Our donations have been unaffected by COVID-19.
- 12-week 12 traditions workshop held.
- A Hybrid meeting from another part of New Zealand has requested and been approved to affiliate with Auckland OA.
- Archive material has been copied and is available to the Service Group - all documents are held on Google Drive. Documents include previous workshop information, Public Information reports and Auckland IG minutes and Agendas.

#### **INTERGROUP – ISSUES & PROBLEMS:**

- Repeated lockdowns have strained face to face meetings plus the organising and holding events throughout the year. Face to face groups have strained financially to maintain venue rent payments. There have been closures of a newly formed group and also one with an 11-year history within the region.
- Service position filling remains an issue, the WSO Rep position having now been vacant for 3 years.

#### **SERVICE BODY NAME: Japan Language Service Board**

**NUMBER of groups:** 22

**Approximate number of members in Service Body area:** 200

#### **SERVICE BOARD ACTIVITIES – HIGHLIGHTS**

Before last year's pandemic, there was not much interaction between our groups, but with the spread of online meeting, OA members from all over Japan can now communicate with each other.

- Our main service is to sell and stock OA 12&12 Literature.  
We also:
  - Post information about OA meetings in Japan on our website.
  - Translate OA Literature. We are now translating the second edition of OA12&12 and the OA12 Step Workbook.
  - Respond to OA inquiries via email.
  - Manage the 7th Tradition donations from each group.
- Before last year's pandemic, there was not much interaction between our groups, but with the spread of online meetings, OA members from all over Japan can now communicate with each other.

- We held our first Japan OA convention online in April of this year, with nearly 100 OA members attending, and we had a spiritual experience.
- We are also planning a workshop about service for this November.

### **INTERGROUP – ISSUES & PROBLEMS:**

- We do not have any intergroups yet. We are hoping to form an intergroup and to act as a national service board.
- OA members in Japan are facing many challenges. Many of our members have not been able to get sponsorship and are not able to work on the 12 steps.
- we have been working on this service in order to improve this situation as much as possible.
- We would also like to have a relationship with Region 10 for this purpose.

Satoshi.

OA Japan Service Language Board.

I am very grateful to be able to participate in the Region 10 Assembly.

### **SERVICE BODY NAME: Melbourne Intergroup (updated)**

**NUMBER of groups:** 14

**Approximate number of members in Service Body area:** 100 (includes Tasmania)

**Service Body Positions:** Executive Positions: Region Ten Rep, Chair, Vice Chair, Secretary, Treasurer, World Service Delegate, Literature Coordinator and PI Coordinator, Webmaster, Events Coordinator, Minutes Taker-Distributor, Group reps, Committees.

**When we meet:** 8.00am on the second Saturday of the month (before a meeting special time/location, with a workshop etc).

### **INTERGROUP ACTIVITIES – HIGHLIGHTS**

- Lots of action with small committee activity such as; By-Laws, IG Documents Review, Budget Finance, Shareathon, IG Renewal, Job Descriptions Review.
- By- Laws draft completed after 18 months of work
- Hosted 2 virtual Shareathons and a Unity Day in the park
- Moved website to WIX to make it more user friendly for service holders and members
- Created financial budget for coming financial year
- Voted to end office lease this December
- Refining our service positions
- Rep from most groups attended IG regularly
- 1-2 Observers at every meeting
- 2 new meetings affiliated: Pacific Rim (Virtual only) and Geelong
- 3 IG members attended the IG Renewal Workshop hosted by Reg 10
- IG renewal project recently started
- We had our Bi-annual general meeting late September now most of the executive positions filled.
  - A new Chair, Secretary, Treasurer, Webmaster and Literature coordinator have all stepped up.
  - Many members who were doing service and their time was up moved into other positions.
  - IG reps moved into service positions and some new group reps came forward.
  - A feeling of positivity and generosity of spirit is prevailing.
- IG orientation manual was updated by 2 members of the executive and was received with much enthusiasm
- A 2-hour Zoom training was held by request from our members with a PowerPoint

presentation and practical practice sessions. This was received enthusiastically.

- We feel we are in a very positive transition stage with lots of work being achieved in the small committees.

#### **INTERGROUP – ISSUES & PROBLEMS:**

- Getting people to fill service positions – now better. Vacancies – Vice-chair and WSBC Delegate. However, there is a lot of member contribution though Ad Hoc committees and, we have observers at our IG meetings demonstrating member interest.
- IG positions also being reviewed with closure of office and the By-Laws update.

#### **SERVICE BODY NAME: Perth Intergroup**

**NUMBER of groups:** 14

**Approximate number of members in Service Body area:** 75 in Perth, 35 loners

**Service Body positions:** Chair, Secretary, Treasurer, Minute Recorder, Region Ten Rep, Literature Rep, Country and Loners' Contact, Key Register Rep, Notice Board-Groups reports Rep, Meeting list & WSO List Rep, Oasis Voice Editor, WSO Mail Rep & Designated Downloader Rep, Public Information Rep, Telephone Coordinator, Temporary Sponsor Coordinator, Twelfth Step Withing Committee Rep and Webmaster.

**When we meet:** 3 pm on the third Sunday of month via Zoom.

#### **INTERGROUP ACTIVITIES – HIGHLIGHTS**

- We had an increase of one new hybrid and 3 new virtual meetings since last year. Now with 14 groups (meetings): 9 virtual meetings and 5 hybrid meetings (one in Albany, two in Fremantle area and two in our West Perth office). We have meetings running every day of the week.
- This year we had an AGM and mini-convention with 12 to 14 attendees, where most of the service positions were filled. All our service positions are now filled.
- Our PI group was making commendable efforts to outreach and spread information about OA to the wider community. The position was vacant for few months and has now been filled up recently and our new rep has a few projects on the go. Together with some helpers they have approached a Hospital and SBS Insight hoping to reach people who may benefit from knowledge of OA. In addition, we are planning a mail out to mental health organisations in WA of an e-brochure which we will source from the world service website.
- Oasis Voice has a new editor after the AGM and it has started to circulate through emails to subscribed members who register their interest.
- Loners Group Members receive a monthly mailout and each month a different member is writing a little piece about themselves so loners can get to know one another.
- Our convention committee has been working hard in putting together the 2021 Region Ten virtual convention, with three local members, we have welcomed the support of a member from Auckland who has joined the group to help us with technical support.

#### **INTERGROUP – ISSUES & PROBLEMS:**

- One of the main challenges has been having our members to return to some of our face-to-face meetings.
- Many meetings have returned to the rooms running hybrid meetings, some of them with low face to face attendance.
- Our members' online Seventh Tradition contributions mean we have been able to maintain the rent of our Perth office.

## **SERVICE BODY NAME: Overeaters Anonymous Queensland Intergroup Inc.**

**NUMBER of groups:** 20

**Approximate number of members in Service Body area:** 100

**Service Body Positions:** Chair, Treasurer, Secretary, WSBC Delegate, Region 10 Rep, Meeting List Co-Ordinator. Vacant Positions: Vice Chair, Webmaster, Literature Coordinator, Group Support, PI Co-Ordinator, Newsletter Co-Ordinator.

**When we meet:** 9am on the first Saturday of the month (except January) via Zoom.

### **INTERGROUP ACTIVITIES – HIGHLIGHTS**

- A committed team successfully hosted the first Virtual Assembly & Convention in 2020, and supported Region 10 financially with donations from expected travel and accommodation costs no longer required.
- Our small and dedicated team of IG service position holders have happily stepped up to take on more responsibility where needed.
- One of our groups has introduced the Overeaters Anonymous 12 Steps and 12 Traditions books into the Prison system. To date, nine prisons have accepted this offer.
- One of our IG representatives has compiled a five-page paper regarding the definition of an OA Outside Issue with referenced excerpts from the information provided from OA publications. This material will be presented to IG and if agreed by our members, this information will be sent out to all our groups.

### **INTERGROUP ACTIVITIES – ISSUES AND CHALLENGES**

- Filling service positions, in particular – Webmaster, Literature Coordinator, Zoom Coordinator (new position).
- Some IG service position email addresses have been changed due to lack of operation when service positions change. This can result in loss of contact with some organisations that have ongoing and necessary contact with QLD IG.
- Some of our group members when leaving their service position (eg. Secretary, IR) do not pass on the relevant information as to what their role entails (eg. IG information and OA in general) to the next incumbent.

## **SERVICE BODY NAME: Te Waipounamu - South Island Intergroup**

**Number of groups:** 10

**Approximate number of members in Service Body area:** 50

**Service Body positions:** Chair, Secretary, Treasurer, Region Ten Rep, WSBC Delegee, Literature Coordinator, Answerphone Coordinator, PI Coordinator.

**When we meet:** 3<sup>rd</sup> Saturday morning every 2nd month. PI meets beforehand.

### **INTERGROUP ACTIVITIES - HIGHLIGHTS**

- **Public Information** Recent interview on local radio station ; attendance at Health and Well Being Expo hosted by a Government Department for staff ; letters and pamphlets mailed to school counsellors at local Secondary Schools ; business cards, pamphlets and posters dropped off to community hubs and libraries ; medical centres emailed offering business cards and pamphlets; also a copy of the recently published OA Body Image Sexuality and Relationships book donated and accepted into public library collection.
- One new virtual meeting recently chose to affiliate with our IG. This means we now have 4 meetings using virtual platform (Zoom), 4 meetings operating F2F, and 2 using hybrid option. IG is also facilitating virtual attendance by reps from other parts of South Island.

- Groups report enjoying regular participation by international visitors finding the virtual meetings via oa.org site. Saturday OA Group hosted BYO Christmas social after their meeting in December.
- Financial donations fairly static over last few years. Treasurer has simplified reporting to IG so information, trends and overview are more easily identified. Groups remind attendees of digital options for 7<sup>th</sup> Tradition. Regular donations to Region Ten and WSO.
- We are hosting Region Ten Convention 2022 as a hybrid event next year.
- We receive regular new enquiries from our answer phone and website.
- Job descriptions for IG have been revised and updated by a dedicated team.
- The chairperson is making regular appeals to members to undertake service as an added investment in their recovery.

### **INTERGROUP ACTIVITIES – ISSUES AND PROBLEMS**

- Several IG positions not filled at present and long serving members are temporarily acting to keep lines of communication open. We need to encourage our sponsees to step up for service.
- PI has lost several key longstanding speaking engagements and opportunities for displaying information due to the Pandemic. Exploring emerging virtual platforms.

### **SERVICE BODY NAME: South Korea Intergroup**

**NUMBER of groups:** 3

**Approximate number of members in Service Body area:** 20

**Service Body positions:** Secretary, Chair, Treasurer, Literature, R10 Representative, Translation Committee Chair, Scribe,

**When we meet:** After Sunday or Wednesday meeting every other month in turn.

### **INTERGROUP ACTIVITIES – HIGHLIGHTS**

- We've finished editing the Korean version of "Where do I start".
- The second edition of OA 12 & 12 is being edited by some members.
- The Big Book study meeting continues on Monday and helps members understand how to work the program.
- We can attend meetings online even though the pandemic has resulted in social restrictions.

### **INTERGROUP ACTIVITIES - ISSUES AND PROBLEMS**

- The number of attendees is decreasing and only a few members share during the meeting.
- A Tuesday English meeting was closed because of no attendee.
- It's difficult to find people to do OA service like leading the meeting, editing the literature.



**SERVICE BODY NAME: Overeaters Anonymous Sydney Intergroup Inc.**

**NUMBER of groups:** 38 – (in NSW, ACT and NT)

**Approximate number of members in Service Body area:** about 150-200.

**Service Body positions:** Chair, Deputy Chair, Treasurer, Secretary, WSBC Delegate, Region 10 Rep, Bookkeeper, Literature Chair, Office Chair, 12th Step Within Chair/Group Liaison Chair, Webmaster, PI Chair and Retreat Chair. Currently vacant: Retreat Chair, Group Liaison Chair.

**When we meet:** 9.30am on the 3rd Saturday of every month via Zoom.

**INTERGROUP ACTIVITIES – HIGHLIGHTS:**

- This year has been defined by on and off lockdowns - many meetings stayed online, or if they went back face to face it was only for a few weeks before a major lockdown from June 16<sup>th</sup>.
- As there were no OA members with the right skill set and availability to take on the positions of Webmaster and Treasurer, these have both since been introduced as paid positions for the first time in Sydney IG. We have a new Webmaster and have split the Treasurer position into an OA-member treasurer to communicate with IG, and a new paid Bookkeeper position dealing with the accounting. Whilst we were offered the services pro bono, to uphold Tradition 7 these positions were offered with a nominal payment.
- The two Zoom subscriptions have been renewed and the Webmaster continued update the website with the details of all virtual meetings.
- Members continued to deposit their 7th Tradition directly into the Intergroup Account labelled with the meeting name as a reference, or to a group secretary if the group was still paying rent.
- There has been an increase in members due to the ease of connecting online as well as the difficulties presented by extended lockdowns, with many newcomers now attending meetings, as well as visitors from USA, Canada, Japan, Brazil and more.
- Attendance at Intergroup meetings has increased due to the ease of joining virtually, and we are now getting more intergroup representative positions filled.
- The push for service has been bolstered by our online Service Survey which is currently open via Survey Monkey, which was developed by a committee and has around 60 responses so far. The aim of the survey is to gather highlights of and barriers to service at the group and intergroup levels, with members suggesting recommendations to improve service and make it accessible and relatable in the future. Thanks to Faith from R10 for assisting with survey registration online.
- There have been great improvements to sharing of communication and events, with easily accessible information such as flyers available on the OA Sydney website, our Facebook page and shared within zoom meetings.
- We ran several workshops/events such as:
  - An Easter long weekend Connect-a-thon, which involved members making calls at the beginning and end of a specified hour over the 4-day long weekend to another designated member. This fostered connection sometimes between members who hadn't spoken previously, especially newcomers.
  - A F2F brainstorming/scenario workshop in March on "Our Primary Purpose".
  - One online in April about the "Path of Recovery" with breakout rooms.
  - One online on step 4, "Into the light" via zoom, which gave fresh insight and inspiration for beginning or revisiting this step with tips towards completion.
  - An online, high interaction-based "Workshop to Recovery" to celebrate Sydney intergroup's birthday on the 25th of September.
- A retreat was planned for the end of August however this was postponed to May 2022 due to the lockdown.

- Monthly face to face meetups for coffee were organised as part of 12th step within, as well as zoom based “lunch break” catch ups during lockdown.
- Literature sent via post was very popular, with the 12 & 12 most sought after in 2021, with the “Body Image, Relationships & Sexuality” book also popular upon release. With the many newcomers, around 1 newcomers pack “Where do I start” per week was sent out via post, covered financially by Sydney intergroup.

### **INTERGROUP ACTIVITIES – ISSUES AND PROBLEMS**

- Getting an intergroup representative position for each meeting, although this has seen recent improvement.
- Some OA groups are having trouble defining service positions for virtual meetings:
  - The service positions of Secretary, Treasurer and IG Representative may already be unclear to OA members unless explained.
  - The addition of Zoom Host/Waiting Room, Technological Assistance and Meeting Chair as unofficial roles required for virtual meetings has been confusing. Some groups are rotating chair and host positions on a weekly basis and asking for service during the meeting format.
- Reasons for this:
  - Members are not sure what exactly these positions entail as there is no official description circulated within meetings themselves eg. Host, Chair
  - Some members are reluctant to fill positions as if/when the meetings go back to F2F they may no longer be able to continue due to their location.
- Also, issues with public information in the event of a lockdown and limited access to community areas, posterboards, lack of conferences. How to effectively spread the message in a lockdown? A Facebook group was started to help with this.

### **GROUP NAME: Chiang Mai (Thailand) – “Voices of Recovery” Meeting, # 54279**

**NUMBER of groups:** 1

**Approximate number of members in Service Body area:** 7

**Service Body positions:** Secretary, Treasurer, Literature, Chair.

**When do you meet:** 4pm on Mondays.

### **GROUP ACTIVITIES – HIGHLIGHTS:**

- We have established a mini-meeting in Mae Rim, which is a town adjacent to Chiang Mai. Although it’s close (25 kilometers from Chiang Mai), due to the traffic, the commute is over an hour in each direction and as the cool season approaches, it gets dark by the time our meeting ends, and neither of them drives in the dark. As two of our permanent members in recovery who live in Mae Rim, have been missing quite a few meetings, we decided to establish the meeting in Mae Rim as an experiment. Though we miss our two members, we concluded that having a meeting that they can attend is a priority. We donated some of our literature. The meeting lasted for about 6 months with three veteran members plus a newcomer. The three members decided to wait before registering as an official OA meeting as they were not sure whether they will be able to carry on as a meeting and whether they will be able to attract additional members. Unfortunately, the founding member died unexpectedly. His death has basically terminated the new group, at least for now. Consisting of expats, over half of our members have returned to their home countries during the Corona Pandemic. We continue having our meeting on zoom on a regular basis, which has allowed our members to attend while abroad.
- Initially, we decided that this unique time will provide us with some time to strengthen and solidify us as a group. Consequently, in the first year if Covid, we did not advertise our meeting on OA web site (Region-10 or OA-world). This proved to be a very good

decision as members achieved and maintained strong recovery and steady attendance, while indeed, “cementing” the fellowship’s identity. In recent months, as attendance declined (from 10-12 to 6-8), and as we are a very strong meeting, we decided to open it up to new members, newcomers and visitors.

- We have revitalized the meeting’s content by introducing a Tradition-focused meeting which we have about once a month. We have also introduced Step-related questions from the OA Twelve Steps and Twelve Traditions textbook on our monthly step-focused meeting. We decided on these changes as a way to take advantage of the relatively small meeting, and as a way to revitalize it.

### **GROUP ACTIVITIES – ISSUES AND PROBLEMS**

We had a very difficult year with regard to membership.

- Inexplicably – and unrelated to Covid - four of our long-standing members have died within the last year and a half.
- In addition, three members left Thailand permanently and are not attending our meeting.
- Also, one long-standing member left the meeting, although they are residing in Chiang Mai.
- Needless to say, this has been a shock and a blow to our fellowship.
- As almost all of those who don’t attend the meeting any longer were members with strong recovery, the dynamics of the meeting has changed quite dramatically quantitatively (the number of attending members has been cut to half), and qualitatively (now about a third of the members are neither in recovery nor abstinent).

## Appendix I (b) – SERVICE BODY HIGHLIGHTS AND ISSUES

| INTERGROUP HIGHLIGHTS |   | INTERGROUP ISSUES/CHALLENGES |   |
|-----------------------|---|------------------------------|---|
| 1                     | Websites: (a) move to more user-friendly platform; (b) development of NZ website so that members can access all meetings from one website | 1                            | Encouraging members to take on IG Rep positions leading to difficulty in filling service positions especially those with abstinence and other requirements. |
| 2                     | Members active on small ad hoc committees such as: By Laws, IG document review; IG Renewal; IG position description review                | 2                            | Low face to face attendance at hybrid meetings; group unable to meet the rent as most members are donating online.  |
| 3                     | IG renewal projects started including Online Service Survey to identify obstacles to doing service  | 3                            | Information lost when handing over service positions. eg. email addresses, role description   |
| 4                     | Korean translation of Where Do I Start pamphlet completed; OA 12x12 continuing.   | 4                            | Lack of clarity and communication about IG service roles and requirements.  |
| 5                     | Public Information: Hospitals, Prisons, SBS Insight, Health & Wellbeing Expos, school counsellors, Facebook, business cards & pens.       | 5                            | Re-defining service positions at group level due to move to virtual meetings  |
| 6                     | Workshops mostly held virtually focusing on: 12 step workshop study guide; Our Primary Purpose; Recovery Roadmap; Step 4;                 | 6                            | Finding new Public Information opportunities in the digital and virtual worlds.   |
| 7                     | Roles of Webmaster and Bookkeeper now paid positions.   | 7                            | Unable to hold face to face retreats due to pandemic.   |
| 8                     | Voted to end lease of office for financial reasons.   | 8                            | Lack of commitment to fill group service positions at virtual meetings  |
| 9                     | Long weekend connect-a-thon, every hour members designated to call someone.   | 9                            | Members reluctant to return to face-to-face meetings as virtual meetings are more convenient.   |
| 10                    | Decision not to list meeting on oa.org strengthened recovery, helping members to commit before opening up to worldwide input.             |                              |   |

## Appendix II (a) - REGION TEN COMMITTEE REPORTS for 2020-2021

### REGION TEN FUNDRAISING Committee ANNUAL REPORT

*Committee Members: Claudia (Chair), Sarah, Insun, Susan (Board Liaison)*

- The profit for the year was of AU \$1,710.42. With a total income of AU\$2,163.85 and total expenses of AU \$453.43.
- The two main fundraising activities during this year were the sale of existing stock in New Zealand and Journals printed in Perth and sold in Perth and South Korea.
- Because of Covid 19 and the limitation to face to face events we could not plan any other fundraising activities this year. We anticipate that the limitations might continue for at least one more year.
- Melbourne, Adelaide and Auckland IGs have expressed interest in buying more journals, therefore we recommend for next year's committee to continue selling the journals. (The journal content has been updated and edited for the next reprint).

Thank you for the opportunity of service,  
Claudia R  
Region Ten Fundraising Committee Chair

### REGION TEN INTERNATIONAL SUPPORT Committee ANNUAL REPORT

*Committee Members: Samantha (Chair), Johnny, Kaye, Kumi, Daniel, Donna (Board Liaison)*

#### Highlights

Our members have Zoomed into our meeting from around the world including New York, Miami, Beijing, Israel, Australia, New Zealand. We have met all the objectives we set at Assembly last year.

We have been

- learning what 'international' support of translations is in OA and how this support works
- documenting what has been translated into the native languages in our region
- setting up communication with members in China, Thailand, South Korea and Japan
- involved in a meeting with the Region 9 Language Support Rep – to learn about the joys and challenges of working across cultures and languages
- asking what support the International Groups would like and keeping in touch
- continuing to clarify our purpose and how best to help these groups carry the message
- working with the Virtual Region for their 'New to OA' World Marathon to be held in early October this year. We will continue to do this service.

#### Learnings

- We have learnt that cross cultural and cross language communication takes time.
- Never to presume what will best support a group.
- Support for international groups and/or members varies greatly and depends on numerous factors including: the strength of recovery of members we aim to support, whether English is the primary language of the members, and whether we have a member of the committee who speaks the language of the country we are supporting (for example one of our committee members speaks Japanese).

#### What Works

- Trying different actions: - personal email/app chats, attending meetings, looking for ways to help translation projects, and just keeping in touch!
- Having bi-lingual members on the committee.
- Going to region ten international meetings via zoom.
- Working as a liaison between Region Ten and the Global OA community especially in relation to the Virtual Region which has many helpful resources.
- Small personal interactions.

## **Challenges/Issues**

- Are the Region Ten Groups on our Virtual list included in our brief?
- A discussion about abstinent requirements to work on the committee given the importance of continued communication with and expectations of our International members.

## **Suggestions for the Next Committee**

- Continue to refine how best to support our international groups ie. Action Plan
- Look at the viability of organizing an event with our international group, with interpreters if necessary, as a way to help Region Ten to be more inclusive.

Yours in service,  
Samantha  
Region Ten Outreach Committee Chair

## **REGION TEN OUTREACH and PROFESSIONAL EXHIBITS Committee ANNUAL REPORT**

*Committee Members: Anne-Marie (Chair), Sacha, Faith, Dinah (Board Liaison)*

### **General Practice Doctors' Conferences:**

- We organised an OA flyer to be inserted in the satchel for the North Island GP conference at Rotorua in June. There were 1024 attendees.
- The same OA flyer is being inserted in the satchel for the South Island GP conference at Christchurch in early Aug. Approximately 650 attendees are expected.
- The reason for not having a booth at each of these events was we were unable to get a timely response from the organiser. Fortunately, we now have a good connection with him, and it appears he will connect early Nov about OA applying for a reduced price booth next year at the 2 conferences. The booth fee could still be considerable.

### **Cutting Edge Addictions Conference:**

- The new coordinator for the Cutting Edge Conference in Dunedin is very accommodating.
- We have a booth as well as an insert in the conference booklet PLUS registration for 2 OA members who are planning to attend.
- This is a very relaxed conference.

There have been no Australian conferences brought to the committee's attention this year.

### **Intergroup Strengthening Project:**

The committee organised the IG strengthening project. I am planning to produce the final report at Assembly.

Yours in service,  
Anne-Marie  
Region Ten Outreach Committee Chair

## **REGION TEN WEB/COMM Committee ANNUAL REPORT 2021**

*Committee Members: Leslie (Chair), Janet, Libby, Letitia (Board Liaison).*

### **Progress with Web/Comm Action Plan. The committee has:**

- Gathered suggestions in regard to the information architecture of the website. This was paused pending the appointment of a webmaster.
- Prepared a draft proposal for the consideration of the board on the format, frequency and structure of the 'what's news' page for the website. A drafted timetable for contributions from each Intergroup is included. This will be reviewed in early September, with input from the temporary webmaster, and will then be presented to the board and Assembly for consideration.

- Decided to refer back to the agreed activities approved by the board following the last assembly (due to the multiple changes of personnel in the committee). Further updates against the action plan will be provided in an update at Assembly.

**Member Changes:**

- Keiley (chair) has resigned from the committee. We wish her well and thank her for her service.
- Leslie has agreed to temporarily fill in as the chairperson until the upcoming assembly.
- Rita has stepped down from the committee also. She had finished her term as a region representative but had continued to give service to our committee for which we are very grateful.
- Maria submitted her resignation as Webmaster soon after Assembly 2020. Maria had been Webmaster since 2011. We thank her for her sterling service.
- In July, Aleksandra was appointed as the interim Webmaster by the Board. We thank her for stepping into this service.

Yours in service,

Leslie

Region Ten Web/Comm Committee Chair

## Appendix II (b) - REGION TEN BOARD REPORTS

### REGION 10 TREASURER'S UPDATED ANNUAL REPORT 2021

Here is the status of the bank accounts as at the end of September 2021:

| Bank Accounts                | Reserve A/c       | Australia A/c      | New Zealand A/c    | NZ\$>A\$           | Total A\$          | ROE  |
|------------------------------|-------------------|--------------------|--------------------|--------------------|--------------------|------|
| Bank balances as at 30/09/20 | 6,348.01          | 14,965.65          | 16,990.81          | 16,141.27          | 37,454.93          | 0.95 |
| Income as at 30/09/21        | 51.38             | 16,308.58          | 10,478.10          | 9,954.20           | 26,314.16          |      |
| Expenses as at 30/09/21      | 0.00              | 5,991.59           | 2,054.32           | 1,951.60           | 7,943.19           |      |
| <b>Totals</b>                | <b>\$6,399.39</b> | <b>\$25,282.64</b> | <b>\$25,414.59</b> | <b>\$24,143.86</b> | <b>\$55,825.89</b> |      |

Here is the (updated) Income & Expenses for the year 2020-2021:

| INCOME:                    | NZD                 | AUD      | Total A\$ | EXPENSES:                   | NZD                | AUD      | Total A\$ |
|----------------------------|---------------------|----------|-----------|-----------------------------|--------------------|----------|-----------|
| Central North Island       | 1,273.34            |          | 1,209.67  | R10 Chair                   | 340.82             |          | 323.78    |
| Wellington                 | 500.00              |          | 475.00    | R10 Secretary               |                    | 19.19    | 19.19     |
| Te Waipounamu South Island | 1,746.00            |          | 1,658.70  | Fundraising                 | 41.95              | 414.00   | 453.85    |
| Melbourne                  |                     | 2,250.00 | 2,250.00  | Professional Exhibits       | 1,017.19           |          | 966.33    |
| Adelaide                   |                     | 943.83   | 943.83    | Group Zoom subscriptions    | 223.20             |          | 212.04    |
| Queensland                 |                     | 350.00   | 5,350.00  | R10 Zoom Account            | 231.16             |          | 219.60    |
| Sydney                     |                     | 1,500.00 | 1,500.00  | 2021 A&C Deposit            |                    | 500.00   | 500.00    |
| China                      | 194.77              |          | 185.03    | WSO contribution            |                    | 5,008.40 | 5,008.40  |
| South Korea                |                     | 575.00   | 575.00    | Website                     | 200.00             |          | 190.00    |
| Perth                      |                     | 500.00   | 500.00    | Transfer to prudent reserve |                    | 50.00    | 50.00     |
| Personal                   | 576.30              | 487.00   | 1,034.49  | <b>TOTAL EXPENSES</b>       | <b>\$ 7,943.19</b> |          |           |
| Sundry Group               | 178.02              | 970.00   | 1,139.12  |                             |                    |          |           |
| Fundraising                | 1,285.00            | 955.95   | 2,176.70  |                             |                    |          |           |
| 2020 R10 A&C               |                     | 2,775.00 | 2,775.00  |                             |                    |          |           |
| Interest                   | 6.32                | 1.80     | 7.80      |                             |                    |          |           |
| Prudent Reserve            |                     | 1.23     | 1.23      |                             |                    |          |           |
| <b>TOTAL INCOME</b>        | <b>\$ 21,781.57</b> |          |           |                             |                    |          |           |

Yours in service  
Susan M  
Region Ten Treasurer



## REGION TEN TRUSTEE ANNUAL REPORT 2021

| <b>Number of Groups</b>  | <b>2021</b> | <b>2020</b> |
|--|-------------|-------------|
| Affiliated groups  | 165         | 174         |
| Unaffiliated groups (groups not attached to an intergroup/service board) | 4           | 9           |
| <b>Total Number of Groups</b>  | <b>169</b>  | <b>183</b>  |
| Total number of Intergroups  | 12          | 12          |
| Total number of Language Service Boards                                  | 1           | 1           |
| <b>Total number of Service Boards</b>                                    | <b>13</b>   | <b>13</b>   |

**Region Ten includes:** Australia, East Asia, New Zealand, Southeast Asia and the Western Pacific Basin. Our meetings are in Australia, New Zealand, Japan, South Korea, and China. There is also an unaffiliated meeting in Thailand and another in Singapore. We have members in Fiji and the Philippines.

The number of affiliated meetings in Region Ten has reduced. This could well be partly due to the Covid-19 Pandemic. The number of unaffiliated meetings has reduced mainly because several meetings in our region had not been meeting for some time. There are two meetings in recess mainly because of restrictions.

With the Pandemic has come an upskilling in Audio Visual meetings (AV). We seem to be embracing this technology and we hope this will have some advantage to the strength and recovery of Overeaters Anonymous as a whole. There are lots of advantages for Region Ten. Members are now able to attend:

- A variety of meetings so they can choose those that best give them what they need.
- Meetings that come from all over the world.
- Workshops/events which are readily available providing we can fit into their time zones.

It has been a quieter time since the beginning of the Pandemic - with no trustee travel around our region. The Friday morning Zoom "Cuppa" for trustees and chairs, is a wonderful weekly experience. We hear what is happening all over the world in the different regions, discuss light issues such as weather, and are generally well entertained.

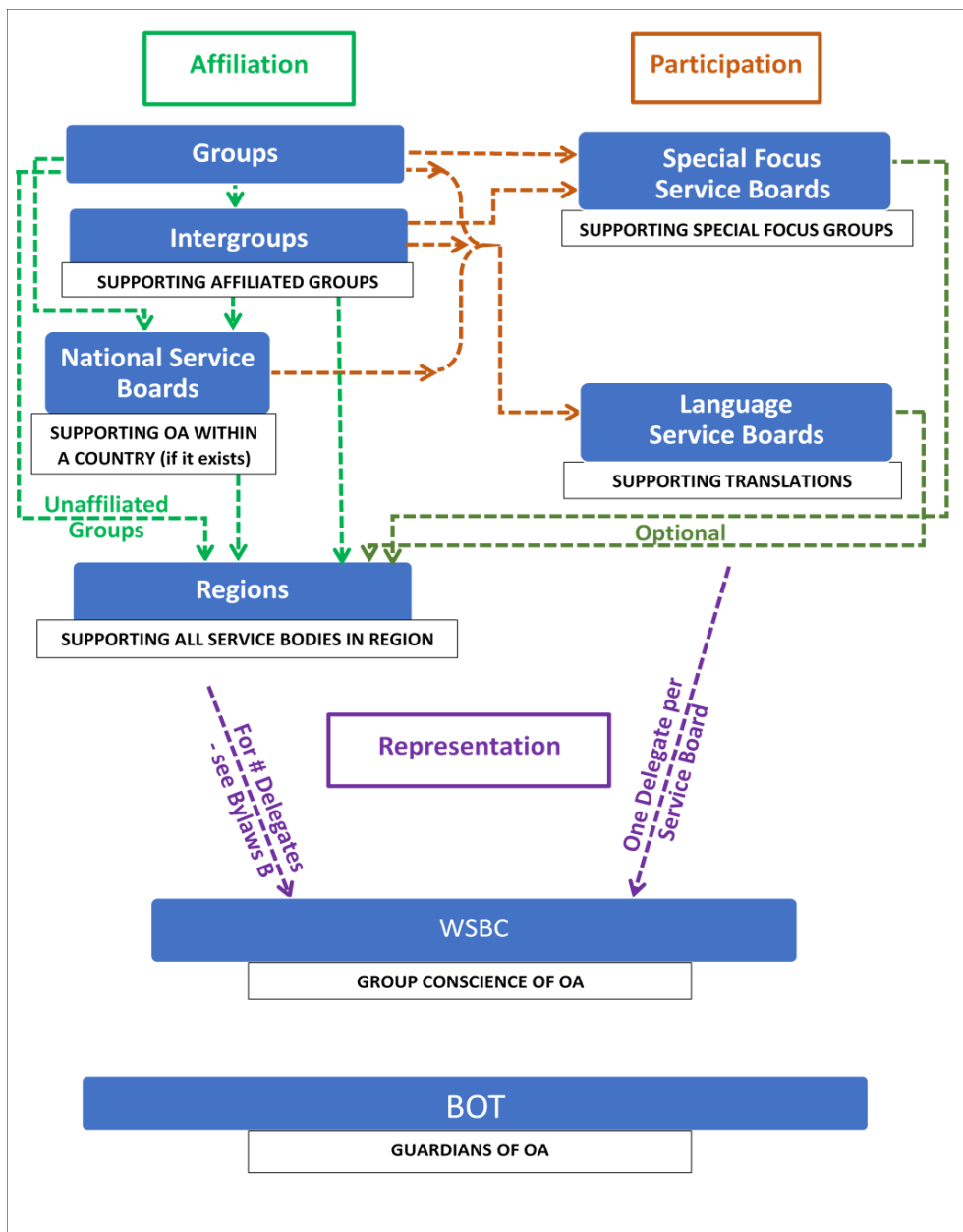
**On the 29<sup>th</sup> of August 2021, we will hold a Special Informal Region Ten Meeting via Zoom.** This is to help prepare the newer Region Reps and Intergroup Liaisons for Assembly and to get to know each other.

We are, at present, working on the Assembly Agenda Mailout due to be sent mid-August. We have all five positions of the Board vacant. Thankfully two board members will be applying for the position to which they were appointed after Assembly 2020, and another board member will be applying for Chair. We are still hoping someone will stand for Trustee Nominee. The Webmaster position is also vacant.

**There are a few changes to OA Service Bodies** as the result of new motions adopted at the World Service Business Conference. (Please note the relevant Bylaw changes)

- There is a **new service board in the OA Service Structure** – a Special Focus Service Board. OA has had special focus meetings for some time, such as Young People, Anorexia/Bulimia, LGBTQ+, etc. Now they may form a service board for their focus groups to support their special focus needs.
- **Affiliation:** A Group affiliates with an Intergroup and so is affiliated with the Region that Intergroup is in. If a group is not affiliated with an Intergroup, it is considered to be an unaffiliated group within the region. If it is the only group in a country, then it may act as an Intergroup. A face-to-face meeting is within a geographical region; a virtual meeting is within the Virtual Region).
- **Participation:** Groups may participate with a Language Service Board, a Special Focus Service Board or another Region with their permission.
- The **Find-a-Meeting** module on the oa.org website **is being updated**. It will soon list hybrid meetings in both face-to-face and on-line areas.

- This diagram tries to explain the data flow as of May 2021. The Service Bodies on the left side of the diagram are the standard recovery part of OA while the Service Boards on the right are for added support groups where needed.



I am completing my service as your trustee having served two 3-year terms. I am ever so hopeful a member of Region Ten will step up to the trustee nominee position at Assembly. I consider it is part of Step Twelve to give service. It is so rewarding! Do you qualify?

I want to thank all those I have served with over the past few years, and I am very grateful to have had the opportunity to serve Region Ten.

Yours in Service,  
 Letitia M.  
 Region Ten Trustee

## **REGION TEN CHAIR ANNUAL REPORT 2021**

I would like to thank all those in the region who have so generously given service over the last year. This consists of the R10 Board, Committee Chairs of Outreach and Professional Exhibits, Fundraising, International Support and Web/Comm Committees.

A challenging year as we navigate our way with COVID-19. The 2021 Assembly and Perth Convention will be held virtually in October 2021. The World service conference has been cancelled due to the status of the pandemic in Florida and especially Orlando, where the conference was being held. This will make Convention 2025 even more rewarding and exciting.

Due to the success of the 2020 Virtual Special Meeting for R10 Reps and Liaisons in preparation for Assembly this is going to be repeated six weeks prior to 2021 Assembly. This allows members the opportunity to get to know one another, ask questions and familiarise themselves with the Zoom platform and other procedures during Assembly.

Region Chairs and Trustees hold a weekly coffee morning get together via Zoom. This is an excellent way to get to know people, especially with face-to-face meetings not being currently possible.

It has been a privilege to be R10 Chair and Interim Chair. I have learnt a lot and have had amazing support from the R10 Trustee. In the spirit of rotation of service, I will be finishing my term as R10 Chair post the 2021 Convention.

“Together we can do what we could never do alone”.  
Thank you for recovery.

Yours in service,  
Dinah W.  
Region Ten Chairperson

## Appendix III – BUSINESS MOTIONS

### PROPOSED NEW BY-LAW AMENDMENT 1 - was adopted on the consensus list

|  |   |
|--|---|
| <b>ARTICLE VI - COMPOSITION OF THE BOARD - Section 4 Duties, D. TREASURER, Part e. was amended by <u>inserting</u> &amp; <u>deleting</u> as follows:</b>                         |   |
| <b>PRESENT WORDING</b>   | <b>PROPOSED WORDING</b>   |
| e. Shall be the chair of the Fundraising Committee.  | e. Shall be the <del>chair</del> <u>board liaison</u> of the Fundraising Committee.                   |
| <b>SUBMITTED BY:</b>   | Region Ten Board  |
| <b>INTENT:</b>   | This changed the duties of the Region Ten Treasurer   |
| <b>IMPLEMENTATION:</b>   | Will be updated in our Bylaws   |
| <b>COST:</b>   | Nil   |
| <b>ARGUMENT SUBMITTED:</b>   | To reduce the workload of the Treasurer and allow an invested representative to chair this Committee. |
| <b>HISTORY</b>   | Nil   |
| <i>Effect – We now have a member invested in fundraising as the chair. This is not always the treasurer who would still be involved as the board liaison for this committee.</i> |   |

### PROPOSED NEW BY-LAW AMENDMENT 2 - was adopted on the consensus list

|  |  |
|--|--|
| <b>ARTICLE X – COMMITTEES, Section 1 – Committee Purpose, F. FUNDRAISING was amended by <u>inserting</u> &amp; <u>deleting</u> as follows:</b>   |  |
| <b>PRESENT WORDING</b>   | <b>PROPOSED WORDING</b>  |
| The treasurer chairs this committee, whose function it is to analyse the contributions received, provide financial reports and to continue to promote contributions throughout Region Ten. | The <del>treasurer chairs this committee whose function it</del> <u>of this committee</u> is to analyse the <del>contributions received, provide financial reports and to continue to promote contributions throughout Region Ten</del> <u>encourage and promote fundraising activities throughout Region Ten.</u> |
| <b>SUBMITTED BY:</b>   | Region Ten Board   |
| <b>INTENT:</b>   | To clarify the function of this committee  |
| <b>IMPLEMENTATION:</b>   | Update Bylaws  |
| <b>COST:</b>   | Nil  |
| <b>ARGUMENT SUBMITTED:</b>   | This committee was originally the Finance and Fundraising Committee, and the committee 'function' did not change when the committee was changed. Now it is the Fundraising Committee, and no longer needs to be doing financial reporting as the Treasurer has that duty.  |
| <b>HISTORY:</b>  | Nil  |
| <i>Effect – After the adoption of Motion 2 above, the function of this committee is now clearer.</i>   |  |

**PROPOSED NEW BY-LAW AMENDMENT 3**

|   |   |
|---|---|
| <b>To Amend - ARTICLE X – COMMITTEES, Section 1 - Committee purpose</b> by adding K:      |   |
| <b>PRESENT WORDING</b>  | <b>FINAL WORDING</b>  |
| None  | <u>K. INTERNATIONAL SUPPORT</u><br>The focus is to support Intergroups and Unaffiliated Groups outside of Australia and New Zealand   |
| <b>SUBMITTED BY:</b>  | Region Ten Vice-chair   |
| <b>INTENT:</b>  | To define a new committee <b>International Support</b> in Region Ten Bylaws   |
| <b>IMPLEMENTATION:</b>  | Update Bylaws   |
| <b>COST:</b>  | Nil   |
| <b>ARGUMENT SUBMITTED:</b>  | In the past it has fallen to the Region Ten Board to maintain contact and support of Intergroups and Groups outside of Australia and New Zealand. This committee will help with this work in keeping with Tradition Five. |
| <b>HISTORY</b>  | Nil   |
| <i>Effect – This was a new committee, and it now has a purpose defined in our Bylaws.</i> |   |

## Appendix IV – REGION TEN BUDGET FOR 2021-2022

| Region Ten Budget 1 <sup>st</sup> Oct 2021 – 1 <sup>st</sup> Oct 2022 |                    |              |                    |                   |                   |                    |
|---|--------------------|--------------|--------------------|-------------------|-------------------|--------------------|
| ROE Conversion  | \$0.95             | A\$          | A\$                | NZ\$              | NZ\$>A\$          |                    |
| Accounts  |                    | Reserve Acct | \$A Main Acct      | \$NZ              | \$NZ > AUD        |                    |
| <b>Bank Balances per statement 30.09.21</b>                           |                    | \$6,399.39   | \$25,282.64        | \$25,414.59       | \$24,143.86       | \$55,825.89        |
| <b>Tagged Funds</b>   |                    |              |                    |                   |                   |                    |
| Prudent reserve   | \$6,399.39         |              |                    |                   |                   |                    |
| Trustee Nominee*  | \$8,500.00         |              |                    |                   |                   |                    |
| <b>Total Tagged Funds</b>   | <b>\$14,899.39</b> |              |                    |                   |                   | <b>\$14,899.39</b> |
|   |                    |              |                    |                   |                   | <b>\$40,926.50</b> |
| <b>INCOME</b>   |                    |              |                    |                   |                   |                    |
| 7th Trad (IG, Group, Service Body)                                    | \$12,000.00        |              |                    |                   |                   |                    |
| 7th Trad (Individual + Automated)                                     | \$2,000.00         |              |                    |                   |                   |                    |
| Fundraising   | \$500.00           |              |                    |                   |                   |                    |
| A&C Surplus   | \$2,500.00         |              |                    |                   |                   |                    |
| Bank Interest   | \$10.00            |              |                    |                   |                   |                    |
| A&C Float return  | \$500.00           |              |                    |                   |                   |                    |
| <b>TOTAL INCOME</b>   | <b>\$17,510.00</b> |              |                    |                   |                   | <b>\$17,510.00</b> |
| <b>EXPENSES</b>   |                    |              |                    |                   |                   |                    |
| Chair   |                    |              | \$10,000.00        |                   |                   | \$10,000.00        |
| Vice-chair  |                    |              | \$1,250.00         |                   |                   | \$1,250.00         |
| Secretary   |                    |              | \$1,270.00         |                   |                   | \$1,270.00         |
| Treasurer   |                    |              | \$1,550.00         |                   |                   | \$1,550.00         |
| <b>Total Board Expenses</b>   | <b>\$14,070.00</b> |              | <b>\$14,070.00</b> |                   |                   | <b>\$14,070.00</b> |
| Web/Comm  |                    |              |                    | \$800.00          | \$760.00          | \$760.00           |
| Internal Support  |                    |              | \$1,000.00         | \$0.00            | \$0.00            | \$1,000.00         |
| International Support   |                    |              | \$5,000.00         | \$0.00            | \$0.00            | \$5,000.00         |
| PI/PE Events  |                    |              | \$5,000.00         | \$5,000.00        | \$4,750.00        | \$9,750.00         |
| <b>Total Committee Expenses</b>                                       | <b>\$16,510.00</b> |              | <b>\$11,000.00</b> | <b>\$5,800.00</b> | <b>\$5,510.00</b> | <b>\$16,510.00</b> |
| <b>Other expenses</b>   |                    |              |                    |                   |                   |                    |
| Bank fees and Taxes   |                    |              | \$10.00            | \$30.00           | \$28.50           | \$38.50            |
| Archivist   |                    |              | \$0.00             | \$0.00            | \$0.00            | \$0.00             |
| Region Ten WSBC 2022 DSF  |                    |              | \$8,500.00         | \$8,500.00        | \$8,075.00        | \$16,575.00        |
| Travel Scholarships Region Ten Reps                                   |                    |              | \$3,000.00         |                   | \$0.00            | \$3,000.00         |
| R10 Zoom annual subscription  |                    |              |                    | \$240.00          | \$228.00          | \$228.00           |
| Zoom subscriptions for groups   |                    |              |                    | \$500.00          |                   |                    |
| Assembly float  |                    |              | \$1,000.00         |                   | \$0.00            | \$1,000.00         |
| WSO contribution  |                    |              | \$5,000.00         | \$0.00            |                   | \$5,000.00         |
| <b>Total Other expenses</b>   | <b>\$26,316.50</b> |              | <b>\$17,510.00</b> | <b>\$9,270.00</b> | <b>\$8,806.50</b> | <b>\$26,316.50</b> |
| <b>TOTAL EXPENSES</b>   |                    |              |                    |                   |                   | <b>\$56,896.50</b> |
| <b>Closing budgeted funds surplus</b>                                 |                    |              |                    |                   |                   | <b>\$1,540.00</b>  |

## Appendix V – COMMITTEE ACTION PLANS

### INTERNAL SUPPORT Committee Action Plan

Committee Chair: Sonia

Committee Members: Jill, Drew, Claudia (Board Liaison)

#### **OBJECTIVE 1: To increase sharing of information between IGs and communication between R10 Reps throughout the year.**

| Tasks   | Action  | Costing | Who's responsible                     | Completion date   |
|---|---|---------|---------------------------------------|---|
| 1. Organise virtual meetings between R10 reps and interested committee members (3-4x/year) to share progress and difficulties | Organise Zoom meeting and send out email with the schedule<br><br>Liaise with each R10 Rep to set meeting times<br><br>Take minutes of each meeting   |         | Claudia<br><br>Jill<br><br>Sonia      | 1st meeting early January   |
| 2. Committee to prepare for the meeting in advance using an agenda and email contact.   | This committee will draft an agenda for each meeting and summarise the last meeting.<br><br>Each committee sends updates via email, which will be forwarded to participating members in advance.<br><br>We will ask committees to schedule the dates  |         | Share meetings prep around committee. | April<br>June<br>August   |
| 3. IG Reps share minutes to each IG so members are updated.   | R10 reps asked to share a summary of each meeting with their IG as a report, which could be distributed to OA members at meetings where appropriate.<br><br>Each R10 rep to contact their respective IG secretary/chair via email.  |         |                                       | After each meeting R10 reps email intergroup secretaries for distribution.<br>3-4 times per year. |
| 4. Update the resource containing email and contact information over time as service roles change.                            | Talk to R10 Secretary re: sourcing and updating this information and look at R10 Assembly Report.<br><br>All R10 service position holders' contact details in one place – accessible by R10 Reps<br><br>Committee to find missing information – Reps/IGs – and continue to update this information<br><br>Resource to be handed over digitally when changing positions. |         | Sonia<br><br>Sonia                    | February-March  |

## OBJECTIVE 2: To develop a resource on changing service positions in OA for sharing between intergroups

| Tasks   | Action   | Costing | Who's responsible   | Completion date |
|---|--|---------|---|-----------------|
| 1. Research what resources OA already has to define service positions.                            | Look at virtual intergroup and work service resources.<br>Contact to ask if they have defined these roles.       | Nil     | Drew  | Nov-Dec         |
| 2. Collate information from other groups, regions and WSO into one document on service positions. | Committee will meet every 6 weeks to discuss the resource and develop it together.<br><br>May undergo revisions. | Nil     | Drew to present to the committee.<br><br>All committee members. | Jan-March       |
| 3. Send finalised document to R10 board for approval.   | Defining host, chair and various service positions and sharing that information between Intergroups - one        | Nil     | Sonia.  | April-May       |
| 4. Sharing of resource between intergroups in R10.  | Via email to IG chair and secretaries, to be presented at IGs for further distribution.                          | Nil     | R10 reps to IG Board.   | June-July       |

## OBJECTIVE 3: Encouraging service at the group and intergroup levels through workshops

| Tasks  | Action  | Costing | Who's responsible   | Completion date                     |
|--|---|---------|---|-------------------------------------|
| 1. Research past service workshops and intergroup renewal events.                              | Contact IG renewal workshop committee/organisers - Anne-Marie from Christchurch and Cindy from Region 1 - to ask about the service workshops hosted previously<br><br>Discuss at the next meeting | Nil     | Claudia<br><br>Committee members  | Oct-Nov                             |
| 2. Schedule a training workshop  | Contact IGs to schedule a time for training of R10 members on how to conduct a service workshop and to ask about sponsorship opportunities  | Nil     | Claudia.  | Dec-Jan                             |
| 3. Conduct a training workshop   | R10 members trained on how to conduct a Service Workshop IG Renewal to then present to future workshop presenters   | TBC.    | TBD   | Feb-June                            |
| 4. R10 members conduct their own service workshops with their IGs. ie. Stepping up for service | R10 members to run local workshops to connect members with service mentoring and sponsorship opportunities.<br><br>Members may be available as a mentor or mentee.                                | Nil     | R10 Representatives or WSBC Delegates with assistance from local intergroups. | 9-12 months roll-out. July onwards. |



## **INTERNATIONAL SUPPORT Committee Action Plan**

**Committee Chair: Kaye**

**Committee Members: Johnny, Emma, Dinah, Samantha (Board Liaison)**

### **OBJECTIVE 1: Set up study group for South Korea Step Studying Working Group using the OA workbook**

| <b>Tasks</b>   | <b>Action</b>  | <b>Costing</b> | <b>Who's responsible</b>   | <b>Completion date</b>                   |
|--|--|----------------|--|--|
| 1. Form a Study group in English   | Gather interested South Korean members   |                | Emma   | By end of Nov 2021                       |
| 2. Find a study group leader   | Find a member with recovery in Australia or New Zealand<br>All try to think of someone that may be appropriate   |                | Samantha<br>Johnny Kaye Samantha   | By end of Nov 2021<br>By end of Nov 2021 |
| 3. One meeting and see what works such as communication between participants and the leader<br>Is an interpreter needed? | Liaise with Emma to set up time and date for meeting<br>Organise zoom platform<br>Organise access to workbook for each member<br>Have meeting and then review its effectiveness.<br>Fund the hard copy workbooks for 5 members<br>Is the workbook available in digital form? | \$200          | Johnny and leader<br><br>ILS committee Johnny n Emma and study leader<br>Johnny to look into | March 2022<br><br>End of Nov             |
| 4. Continue study group from Steps 1 to 12   | Having reviewed effectiveness put into action what worked and continue to support the groups thru all the steps  |                | ILS committee  | April 2022                               |

### **OBJECTIVE 2: Interpretation for next assembly if possible**

| <b>Tasks</b>  | <b>Action</b>  | <b>Costing</b> | <b>Who's responsible</b> | <b>Completion date</b> |
|---|--|----------------|--------------------------|------------------------|
| 1. Approach Korea and Japan China to see who would like interpreters                          |  |                |                          |                        |
| 2. Research how virtual region do interpretation at assembly                                  | Obtain information from Region 10 Trustee                                |                | Kaye                     | After WSBC             |
| 3. Liaise with assembly committee<br>Find out costs and countries interested in participating | Contact assembly committee and relevant bodies to get information needed |                | Committee                | Before next assembly   |

**OBJECTIVE 3: to keep in contact with the Region - China Japan Singapore Thailand Indonesia**

| <b>Task</b>   | <b>Action</b>   | <b>Costing</b> | <b>Who's responsible</b> | <b>Completion date</b>      |
|---|---|----------------|--------------------------|-----------------------------|
| Keeping in touch regularly with China, Thailand, Indonesia, Japan, Vietnam, Singapore | Discuss ways this can or cannot be effectively achieved |                | Committee                | Ongoing throughout the year |

**OBJECTIVE 4: Try and find more members to help us meet these objectives**

| <b>Tasks</b>                         | <b>Action</b>   | <b>Costing</b> | <b>Who's responsible</b> | <b>Completion date</b> |
|--------------------------------------|---|----------------|--------------------------|------------------------|
| Find more members to go on committee | Let Region 10 know<br>Send out email to Region 10 Reps and Board members<br>Spread the word amongst members |                | Committee                | March 2022             |

## **PUBLIC INFORMATION/PROFESSIONAL EXHIBITS (PI/PE) Committee Action Plan**

**Committee Chair: Angela H**

**Committee Members: Christine, Sacha, Donna (Board Liaison)**

### **OBJECTIVE 1: Developing a PI resource bank for Intergroups:**

| <b>Tasks</b>  | <b>Action</b>   | <b>Costing</b> | <b>Who's responsible</b> | <b>Completion date</b> |
|---|---|----------------|--------------------------|------------------------|
| 1. Discover what PI resources have been developed and successfully used | Contact the Intergroups   | Nil            | Angela, Sacha, Donna     | February 2022          |
| 2. Discover what international PI resources are available               | Search and make contact with other regions especially the websites and oa.org       | Nil            | Sacha, Christine         | February 2022          |
| 3. Investigate social media options e.g. Facebook, Twitter              | Search and evaluate social platforms. What exists in our region and what we can use | Nil            | Donna                    | February 2022          |

### **OBJECTIVE 2: Liaise with website committee**

| <b>Tasks</b>                                      | <b>Action</b>  | <b>Costing</b> | <b>Who's responsible</b> | <b>Completion date</b> |
|---|--|----------------|--------------------------|------------------------|
| 1. Develop the resources to be put on the website | Investigate what can be done on the website – digital PI resource bank | Nil            | Angela                   | May 2022               |
| 2. Making the material interactive                | Liaise with website committee on how we can do that                    | Nil            | Angela                   | May 2022               |

### **OBJECTIVE 3: To increase OA's visibility to professionals**

| <b>Tasks</b>   | <b>Action</b>   | <b>Costing</b>        | <b>Who's responsible</b>    | <b>Completion date</b> |
|--|---|-----------------------|-----------------------------|------------------------|
| 1. Identify key conferences in Australia and New Zealand     | Identify key conferences in Australia and New Zealand   | Nil                   | Faith, Angela, Donna, Sacha | Next year's Assembly   |
| 2. Approach key conferences and get a booth within budget.   | Approach key conferences, confirm booth, (likely late approval from conferences – 6 weeks before). Ask is a discount available for not- for-profit organisations. | A\$5,000<br>NZ\$5,000 | Faith, Angela, Donna, Sacha | Next year's Assembly   |
| 3. Explore digital options for connecting with professionals | Add digital materials to the resource bank.   | Nil                   | Faith, Angela, Donna, Sacha | Next year's Assembly   |

## **WEB/COMM Committee Action Plan**

**Committee Chair: Leslie**

**Committee Members: Janet, Libby, Aleksandra - Webmaster, Letitia (Board Liaison)**

### **OBJECTIVE 1: Making the website appearance more relevant to members of Region 10**

| <b>Tasks</b>   | <b>Action</b>   | <b>Costing</b>  | <b>Who's responsible</b>       | <b>Completion date</b> |
|--|---|---|--------------------------------|------------------------|
| 1. Look at where we need to change the appearance of the website | Work with the Webmaster to find suggestions, if any, of improvements.   |   | Everyone                       | Dec 2021               |
| 2. Seek approval from the R10 Board                              | Work with Web Designer (Belinda) to implement any changes once approved by the board<br><br>to prepare any changes to pages | Web Designer:<br>NZ \$60 / hr<br>Approx. 10 hrs<br>= NZ \$600 | As above<br><br>Aleks, Belinda |                        |
| 3. Pay for website hosting and domain name                       | Chase up the invoice (via Maria - ex webmaster - is contact)  | NZ\$200<br>approx.  |                                | August 2022            |

### **OBJECTIVE 2: Making the website content more relevant to members of Region Ten**

| <b>Tasks</b>   | <b>Action</b>  | <b>Costing</b> | <b>Who's responsible</b>        | <b>Completion date</b> |
|--|--|----------------|---------------------------------|------------------------|
| 1. Display content that reflects what Intergroups and Region 10 Committees are doing | Design a standardised form for Intergroups and Committees to provide updates   | Nil            | Leslie, Janet<br>Aleks, Belinda | June 2022              |
| 2. Look into the possibility of PayPal link or alternative                           | Liaise with the R10 Treasurer<br><br>If it is possible to add payment link, go to Board for approval.<br><br>Make changes to website |                | Leslie<br>Janet                 | Mar 2022               |
| 3. R10 Interview Series - to complete the project                                    | Publish the completed Region10 member interviews about service   |                |                                 | January 2022           |
| 4. Liaise with Committees to see if the website can support them in any other way    |  |                | Leslie<br>Janet<br>Libby        | ongoing                |