

**Report of the
Overeaters Anonymous
29th Region Ten Assembly**

**held virtually out of
Christchurch, New Zealand**

3rd - 6th October 2022

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LIST OF REPRESENTATIVES IN ATTENDANCE AT ASSEMBLY

Intergroups/Unaffiliated Groups	Representative/Liaison
Adelaide	Megan Banks (L)
Auckland	Angela Horn (RR) John Matthews (RR)
Central North Island - Te Puku o Te Ika a Maui	-----
China	-----
Indonesia Group	-----
Japan Language Service Board	Satoshi Nakagawa (L)
Melbourne	Kaye Dixon (RR)
Perth	Nadene Starkie (RR)
Queensland	Jill Yeomans (RR)
Singapore Group	-----
South Korea	-----
Sydney	Sonia Underwood (RR)
Te Waipounamu – South Island	Sacha Sunter (RR)
Thailand Group	-----
Wellington	-----

REGION TEN BOARD before Assembly:

CHAIR	Susan Moore
VICE-CHAIR	Samantha Bews
SECRETARY	--vacant--
TREASURER	Claudia Rodriguez
TRUSTEE LIAISON	Lee Roberts

REGION TEN BOARD after Assembly:

CHAIR	Susan Moore
VICE-CHAIR	Samantha Bews
SECRETARY	--vacant--
TREASURER	Claudia Rodriguez
TRUSTEE LIAISON NOMINEE	Lee Roberts

REGION TEN SERVICE DIRECTORY

Trustee Liaison	Lee Roberts +1 903 571 8938 r10trusteelee@gmail.com	Chair	Susan Moore +61 404 479 291 r10chair@gmail.com
Treasurer	Claudia Rodriguez +61 431 211 435 r10treasurer@gmail.com	Secretary	Vacant r10secretary@gmail.com
Vice-Chair	Samantha Bews +61 478 636 718 r10vicechair@gmail.com	Information	info@oaregion10.org
Public Information/ Professional Outreach Committee Chair	Angela Horn +64 210 228 8006 angelahorn@hotmail.com	International Support Committee Chair	Kaye Dixon +61 407 645 764 oamelbregionrep@gmail.com
Internal Support Committee Chair	Jill Yeomans +61 415 519 497 brisbanejill@gmail.com	Communications Committee Chair	John Matthews +64 2 7406 6842 john.awazeke@gmail.com
Webmaster	Belinda Fountaine Fountaine IT	Archivist	Cliff Baker +61 412 900 518 r10archivist@gmail.com
Bylaws Committee	The Board		

REGION TEN INTERGROUP ADDRESSES

AUSTRALIA		NEW ZEALAND	
Adelaide	Tel +61 8 8224 0500 email adelaideoa.welcome@gmail.com website oaadelaide.org	Auckland	Tel +64 9 376 3068 email aucklandoa@gmail.com website aucklandoa.com
Brisbane	Tel +61 7 3030 3619 email oaqldsecretary@gmail.com website oaqld.org	Hamilton	Tel +64 7 839 1599 email oahamigsecretary@gmail.com website oacentralnorthislandnz.com
Melbourne	email oamelb@gmail.com website oa.org.au	Canterbury	Tel +64 3 365 3812 email oasouthislandnz@gmail.com website oasouthisland.nz
Perth	Tel +61 8 9420 7254 email Perth@OARegion10.org website oaperth.blogspot.com	Sydney	Tel +61 400 074 956 email chair@oasydney.org website oasydney.org
CHINA		SOUTH KOREA	
China	email OACHinaIG@163.com website oachinaig@outlook.com	South Korea	email s.koreaaoa@gmail.com website oakorea.org
JAPAN			
Japan International Intergroup	email oatokyo@gmail.com	Japan Language Service Board	email japanlanguageserviceboard@gmail.com website japan.capoo.jp

FINAL REPORT OF REGION TEN ASSEMBLY
Held virtually out of Christchurch, NZ
3rd - 6th October 2022

Monday 3rd October 2022

The Assembly Meeting (Session 1) opened at 13.00 NZDT with the Serenity Prayer in Spanish and in English.

Noted by the Chair that this will be the first Assembly to have simultaneous interpretation with Japanese interpreters present during the Service Body Forum, and a single interpreter present at the Convention for one meeting.

Representatives were welcomed and thanked for their service over the past year.

Each assembly member and observers briefly introduced themselves.

Chair announced No Changes to Assembly Agenda, except the possibility of time schedules being slightly altered.

Candidates for 3 vacant Region Ten positions

Vice Chair - Samantha (current) is a nominee.

Secretary - no current nominees. Nominations will be asked for from the floor.

Trustee Liaison - Lee (current) is a nominee - requires an application to be endorsed by region 10 that will enable her to stand as a Trustee Liaison at WSBC, as she does not live in Region Ten.

Webmaster - to be discussed later in Assembly

Intergroups with proposed bid for future Region 10 Assembly and Conventions:

A+C 2023 Bid from Sydney IG

A+C 2024 No firm bids but Melbourne considering.

Applications for Region Ten WSBC Delegate Fund

2023 WSBC will be face to face so if any IG would like some assistance with World Service delegate funding, an application form needs completing and sent to the Chair.

WSO also assists financially - applications made to Region 10 in first instance and WSO secondly.

Committee Report updates and question time:

All reports were mailed out prior to Assembly for review (see Appendix II (a)). Committee Chairs were asked to add any further developments to their reports and questions were taken. Chair spoke for Webcom Committee as Committee Chair has stepped down.

All committees were thanked for their great work.

Vice Chair suggested a Webcom committee be changed to Communications Committee. To be discussed in session 2.

Board Report updates

Reports were written and sent out in Mailout 1 (July) so some updates have been added. (See Appendix II (b))

Chair informed the Assembly that the Video Camera may be turned off when attending assembly, if and as necessary, except when voting.

Presentation by Lee Trustee Liaison:

Lee shared her story and also explained the difference between WSBC approved literature and BOT approved literature.

Meeting closed at 16.25 NZDT with the Serenity Prayer.

Tuesday 4th October 2022

The Assembly Meeting (Session 2) commenced at 13.02 NZDT
Opened with Serenity Prayer and the reading from Voices of Recovery

New attendees were welcomed to Assembly.

Board candidates' presentation and questions

Vice Chair and Trustee Liaison nominee shared and answered questions.

No nominees for Secretary or Webmaster.

Region 10 Board has recently appointed an Interim Webmaster to look after website and update as requested. Quotes for different webmasters presented. Region 10 will continue with current Webmaster.

Bid to host 2023 Assembly & Convention:

Presented by Sydney IG Region 10 Representative - Sonia.

A committee has been established and is meeting regularly. A save the date flyer was presented.

Date: Assembly 18-20th October 2023

Convention 20-22 October 2023

Email: convention23@oasydney.org

Questions of the "Maker of the Motions"

Proposal One: Vice Chair spoke to this.

Proposal Two: Chair and Treasurer spoke to this.

Proposal Three: Chair spoke to this.

Consensus Motion List

The following items have been placed on the Consensus Motions List:

Assembly ByLaw Amendment Proposal 2

Assembly ByLaw Amendment Proposal 3

Service Body Reports and Updates:

Japanese Interpreters welcomed and thanked for attending.

Region 10 Representatives presented updates to their reports and answered questions. (See Appendix I (a))

Service Body Forum facilitated by Internal Support Committee:

Service Body Highlights and Challenges presented as the basis for discussion. (See Appendix I (b))

The three main topics were: Service, Technology, Traditions.

Committees for 2022-2023:

Chair announced the following committees:

Internal Support, International Support, Communications, Public Information/Professional Outreach

Region representatives and observers were asked to choose a committee and move to breakout rooms to elect the Chair and Secretary. Current Board Liaisons attended their committee meetings.

Chair thanked the Internal Support Committee for chairing the Service Body forum and thanked interpreters for their work.

Assembly members accepted the motion to extend assembly today for 10mins to be able to cover all agenda items.

World Service Delegate Funding: No submissions have been received - if required, please forward to Chair.

Emergency New Business:

Two items have been presented to the Board for discussion on Thursday.

Chair thanked all members for their service.

Meeting closed at 16.47 NZDT with the Serenity Prayer.

Wednesday 5th October 2022

The Assembly Meeting (Session 3) commenced at 13.00 NZDT

Opened with the Serenity Prayer.

Readings: For Today; Tradition Five (long form); Responsibility Pledge.

Chair reminded members that if they want to submit an Emergency New Business Motion that they must email this to the Chair by 15.00 NZDT.

Chair ran through the guidelines for completing the Action Plan template.

Committee Meetings

Committee Members moved into breakout rooms to formulate their Action Plans for the next year.

Group Conscience discussion and finalizing of committee goals.

Each Chair of the committees presented their Action Plan followed by questions and answers.

Chair of each committee to have Action Plan completed for voting on at the Assembly tomorrow.

Emergency New Business

There are two items being presented. They were emailed to members to consider in preparation for the formal business meeting.

Meeting closed at 16.25 NZDT with the Serenity Prayer.

Thursday 6th October 2022

Formal Business Meeting commenced at 1300hrs

Opened with Serenity Prayer

Readings: Voices of Recovery; Preamble, 12 Steps, 12 Traditions, 12 Concepts and Responsibility Pledge.

Credentials confirmed - 10 possible voters, 8 present. Quorum met.

Vice Chair spoke to purpose of Bylaws - Article 2 Section 1.

Chair spoke on Tradition Five.

Standing Rules for Region 10 Assembly 2022 were read by Vice Chair.

Proposed Standing Rules for Region Ten Assembly 2022

1. Robert's Rules (basic parliamentary guidelines) will be used for conducting the assembly, unless special rules have been adopted. (These Standing Rules, the Region Ten Bylaws, the Twelve Traditions and the Twelve Concepts of OA Service all take precedence over Robert's Rules.)
2. We will listen to others and respect one another's point of view in accordance with the Twelve Traditions and Twelve Concepts of OA service.
3. In all deliberations, group conscience is more important than the technicalities of the actual motion.
4. As trusted servants, all representatives/liaisons are expected to attend and to arrive early to all sessions.
5. Please wait until you are recognized by the Chair before you speak.
6. Discussion of main motions is limited to three (3) speakers for pro and three (3) speakers for con. Each speaker is limited to three (3) minutes. Discussion of debatable subsidiary motions is limited to two (2) speakers for pro and two (2) speakers for con. Each speaker is limited to two (2) minutes.
7. There will be specific time restrictions on individual's contributions - the chairperson will act to keep discussion within the timetable. Once having spoken, all others will be allowed to speak, on the same business, before you speak again. For business discussion items, debate is limited to 10 minutes for each of them. Thereafter recommendations for a motion can be made and voted upon.
8. The elected representatives to assembly are entitled to a voice and a vote. Elected officers of the Region Ten Board may vote at the assembly in accordance with Robert's Rules of Order – the Chairperson may cast a vote on issues to make or break a tie and may cast a ballot in elections. The Region Ten Trustee is entitled to a voice but no vote at this assembly.
9. All OA members are welcome to attend the assembly. Attending members who are not region representatives (whether from Region Ten or not) may speak by invitation of the Chair (eg. IG Liaisons and Observers). They are not entitled to a vote at assembly. For business under discussion, pertinent suggestions may be sent (via CHAT) to the chair for consideration.
10. No recording equipment or beeping pagers will be permitted in the business sessions, committee meetings or workshops other than those approved by the Chair.
11. All phones must be switched to silence while sessions are in progress other than those approved by the Chair.
12. Emergency new business motions must be submitted to the Chairperson in writing by 15.00 NZDT on Wednesday 5th October 2022.
13. Virtual attendance etiquette:
 - * Rename yourself as first-name and IG name e.g. Sally P – QLD IG.
 - * Have video on to maintain a 12-Step Business Meeting environment.
 - * Use 'Raise hand' – to be heard.
 - * Please remain on Mute until recognised by the Chair.
 - * Please be seated as if in a business meeting. If you need to move around – turn off your video while you are moving.
 - * If you are not alone, please use headphones and ensure others cannot see your screen.
14. These standing rules may be adapted to meet the group conscience.

Amendments to the Standing Rules:

Chair proposed that "Virtual Attendance Etiquette" be amended to show Identification on virtual platform as:

Role: First name, Initial of surname - region representing eg. R:Joan,P-Sydney IG

Chair moved motion. Motion passed unanimously.

Incidental Motions:

Screenshared and explained by Chair

1. Point of Personal Privilege
2. Point of Information
3. Point of Order

Adoption of Assembly 2021 Final Report

No amendments. Motion passed.

Region 10 Assembly and Convention 2023 Bid

Moved that Sydney IG's bid to host Assembly and Convention be approved.
Motion passed unanimously

Adoption of Committee Action Plans (See Appendix V)

Chair moved to adopt
Motion passed unanimously.

Ratification of Consensus Motions List

Chair moved that Consensus List be ratified.
Motion carried unanimously.

Rules Suspended

In order to vote on New Business Motion 3 and the Emergency New Business Motions we have to suspend the rules as they are in conflict with what is being proposed.
Voted unanimously to suspend The Rules.

Region Ten Board Elections

Trustee Liaison – Lee. We voted to endorse a Trustee Liaison who does not reside in Region 10.
Voted in unanimously.

Vice Chair - Samantha standing for role for next two years.
Voted in unanimously.

Secretary - no nominees. Position remains vacant.

Webmaster - Belinda Fountaine of Fountaine IT attended and answered questions.
Voted in unanimously.

New Business Motions and Bylaw Amendments (See Appendix III)

ASSEMBLY BYLAW AMENDMENT PROPOSAL 1

Effect – *To clarify the duties of the Region 10 Secretary*

Motion adopted.

ASSEMBLY BYLAW AMENDMENT PROPOSAL 2

Effect – *To clarify the duties of the Region 10 Treasurer*

Motion on Consensus list therefore adopted.

ASSEMBLY BYLAW AMENDMENT PROPOSAL 3

Effect – *To clarify the requirements for election to the role of the Region 10 Webmaster*

Motion on Consensus list therefore adopted.

Region Ten Budget 2022-2023 (see Appendix IV)

Treasurer presented 2022-2023 budget including expenses reported by committees.

Discussion and questions.

Budget adopted unanimously.

Board Liaisons assigned to Committees:

Continuity is important hence all Liaisons will remain with their previous committees. Trustee Liaison replaced the outgoing Trustee on the newly formed Communications committee.

International Support Committee - Vice Chair

Internal Support Committee - Treasurer

Communications Committee - Trustee Liaison

Public Information/Professional Outreach Committee - Chair

Emergency New Business (See Appendix III)

ASSEMBLY BYLAW AMENDMENT PROPOSAL– Emergency New Business 1

Effect – *To bring the Bylaws into alignment with the OA Inc, Bylaws (as required)*

Motion adopted

ASSEMBLY BYLAW AMENDMENT PROPOSAL – Emergency New Business 2

Effect – *To allow Region Ten to endorse a current Trustee Nominee who is serving Region Ten and to clarify the financial responsibilities of Region Ten in respect to this endorsement.*

Motion adopted

Good of the Order.

Observers move to Breakout Room for Fellowship.

Chair thanked everyone for their service and closed the Assembly with the OA Promise, said by all.

Meeting closed at 15.22 NZDT

Notes: After assembly we were advised that the Wellington Intergroup has closed.

Also, the Internal Support Committee voted to change their name to R10 Within Committee.

Appendix I (a) – SERVICE BODY ANNUAL REPORTS

SERVICE BODY NAME: Overeaters Anonymous Sydney Intergroup Inc.

NUMBER OF GROUPS: Our Intergroup covers NSW, ACT and NT. We currently have 28 meetings including virtual zoom/conference call and face to face meetings.

APPROXIMATE NUMBER OF MEMBERS IN SERVICE BODY AREA: Very difficult to estimate; about 100-120.

SERVICE BODY POSITIONS: Executive officers include Chair, Deputy Chair, Treasurer, Secretary, WSBC Delegate, and Region 10 Rep. Committee chairs include Webmaster, Literature, Public Information (PI). 12th Step Within, Office, Communications, Retreat, Meetings Co-Ordinator and Group Liaison. The following positions are currently vacant: Deputy Chair, Retreat Chair.

WHEN DO YOU MEET: We currently meet virtually on Zoom on the third Saturday of every month at 9.30 - 11.00am. The executive officers meet additionally every 3 months on zoom on an alternate Saturday.

INTERGROUP ACTIVITIES - HIGHLIGHTS

Some members expressed that they missed in-person meetings, so a few meetings have now returned face to face. However, most meetings (80-90%) remain on Zoom.

Saturday morning 8am meeting split into two separate meetings - 1 for zoom, 1 face to face.

The Webmaster and Bookkeeper positions are still being undertaken as paid positions.

We had our Service Survey which was developed by a committee – the survey ran online on SurveyMonkey and included multi-choice and text answers. We received 90 submissions!

- Feedback was given on lack of understanding of service and how to be of service, but members emphasised service as a powerful tool for recovery. Full report is available.
- Suggestions included development of guidelines/events/workshops, breaking it down into chunks, making service exciting and being open to change regarding intergroup format.

Our Group Liaison chair has worked to connect members in regional areas together.

Furthermore, OA literature was donated to members affected by the floods.

Our Literature chair continues to send the “Where Do I Start” pamphlet by mail to newcomers.

Voted to increase donation to both Region 10 and World Service Office.

A committee has been put together to organise 2023 R10 Assembly/Convention.

Events and workshops:

Monthly in-person fellowship (coffee/lunch) now running for 1 year, great for newcomers.

Online “Where Do I Start” Workshop for newcomers has been going for a few months.

Facebook group continues to be used to share OA information, resources, and events.

Taking a disturbance through the 12 steps – Online workshop

International Day of Experiencing Abstinence (IDEA) in November, hosted by Canberra online.

12th Step Within Day, sponsorship themed workshop/speaker meeting in December.

OA 62nd Birthday – groups submitted “62 reasons to celebrate all that OA has given you”.

Unity Day – speaker meeting held in February, unity in diversity theme.

We had Zoom workshops throughout the year on how to safely host meetings online.

In-person retreat in May in Koloona, Nowra organised by Retreat Committee; 25 attended. Members expressed the benefit of fellowship, connection, and nature for their OA program.

Recently voted to attend/have a stall at the 2023 General Practitioner Conference set for May at the Convention Centre in Sydney Darling Harbour – approximately \$7K estimated.

Sponsorship Workshop on Zoom arranged by WSBC delegate and facilitated by R10 trustee, ex-trustees and other members. We discussed fresh ideas on sponsorship (why, how and when) using breakout rooms for potential sponsors, sponsees, or those working with others.

INTERGROUP ACTIVITIES – ISSUES AND PROBLEMS

As we returned to “normal” life and a reduced impact of COVID, we have seen a slight decrease in membership and attendance on Zoom, and in the filling of service positions. Groups have reported difficulties in getting regular host and chairs for online meetings.

PI chair has requested assistance from membership in developing new resources such as posters for outreach and public information. How to spread the OA message in the changing landscape of OA remaining online and using new technologies – PI committee was formed.

Extensive issues with our OA email accounts including rejection of sent emails and inability to send announcements, especially after Intergroup meetings. We have recently transitioned to Google Workspace with paid assistance to resolve this issue by creating new emails.

Our greatest challenge this year has been the concept of children at OA meetings:

Sydney Intergroup has introduced an interim Child and Members Protection statement, to ensure the ongoing safety of both vulnerable people and OA members providing service.

Bringing with it a lot of emotive discussion, this issue has revealed our “weakness” in terms of lack of policy and preparedness in this area. However, it has challenged Sydney Intergroup to work through disagreement to achieve unity in a way that upholds OA traditions and principles whilst simultaneously following the law. This has further opened us up to a new “strength”, of working towards expanding the future OA Sydney fellowship to all those who still suffer.

The By-Laws committee has been hard at work researching experience of other fellowships and organisation, and the next 6 months – 1 year will be focused on developing guidelines to address these gaps. This provides further opportunities for newer OA members to do service.

SERVICE BODY NAME: Auckland Intergroup

NUMBER OF GROUPS: 11

APPROXIMATE NUMBER OF MEMBERS IN SERVICE BODY AREA: 90 approx.

Service Body Positions: Chairperson, Secretary, Region 10 Reps x 2, Website, Treatment Centre Speaker Coordinator, Gmail Coordinator.

POSITIONS CURRENTLY VACANT: WSO Rep, Region 10 Rep x1, Treasurer.

WHEN WE MEET: 9:30am on the 3rd Saturday of the month via Zoom.

INTERGROUP ACTIVITIES – HIGHLIGHTS

Auckland Intergroup covers South of Auckland to Northland. Meetings continue via ZOOM and face-to-face meetings are resuming.

Auckland Intergroup & the Web Committee have decided to trial for 6 months the existing but now secure Wix website currently in use.

Auckland OA is freely advertised in an online NZ Ministry of Social Development, Support Service Providers Directory.

Job Descriptions updated. Modifications and changes have been made to be in line with changing circumstances.

The r10 Chair attended our IG meeting via ZOOM in June, this was greatly appreciated.

Treatment Centre meetings with clients are back. This is a very rewarding way to give service and spread the word. A workshop was held to help mentor members to participate as Treatment Centre Speakers.

The bulk purchase of "Where Do I Start" which will be freely given to groups.

A small "ad hoc" group with the x2 r10 Reps & volunteers, worked really well to tackle the WSBC questionnaire.

PI initiatives include announcements on local radio stations, library displays, brochures to Medical Practices, Ads for OA now appear at "Lab Test" facilities on their waiting room monitors.

INTERGROUP ACTIVITIES – ISSUES AND CHALLENGES:

Auckland has had a dilemma with the maintenance & development of the Auckland OA website. Wix will be trialed, followed by further discussion before any commitment to change websites.

Service positions: Auckland has not had a WSO Rep for its 4th year. It is important as Trustees are required to have been WSO reps.

Some face-to-face meetings became unsustainable and have closed, primarily through the impact of COVID.

Covid has promoted online Zoom meetings which have been wonderful, however they have encountered a problem with "intruders".

Filling Service Position roles is an ongoing issue & challenge.

SERVICE BODY NAME: Melbourne Intergroup Inc (including regional Victoria and Tasmania)

NUMBER OF GROUPS: 14

APPROXIMATE NUMBER OF MEMBERS IN SERVICE BODY AREA: Approx 90 members

SERVICE BODY POSITIONS: Chair, Vice Chair, Secretary, Treasurer, Region Ten Representatives x3, WSBC delegate, Literature Committee Coordinator, PIPO Committee Coordinator, Website committee Coordinator, Convention Committee Coordinator, Events committee Coordinator, IG representatives.

WHEN DO YOU MEET: 8.00am -10.00am 2nd Saturday of the month.

INTERGROUP ACTIVITIES - HIGHLIGHTS

Intergroup (IG) meet monthly via zoom. Many of our service positions are filled, IG reps attend regularly, and observers come along keeping our service body strong. For the last 6 months most service positions have been filled except for 2 of the 3 Region 10 positions. Our next Biannual general meeting is Sept 17th, so this is time of changeover.

All activities needed for the closure of the OA Melbourne physical office were undertaken with help of many members. Years of fellowship were carefully packed up, cleaned out and archived into our new storage space. The office now exists in the various virtual spaces maintained such as Zoom meetings, drop box as well as in the hearts and minds of members.

The By Laws sub-committee finalised our By Laws which clearly set out how OA Melbourne Intergroup operates as an incorporated association and then lodged with consumer affairs.

Hardcopies as well as e-copies of *The Welcome to Intergroup Orientation Manual*, were distributed and have been valued and used by our members. Exciting to see members using, *how to write motion*. We also adopted an OA Melbourne Intergroup style guide.

A second Zoom account was purchased to support more meetings and ensure that our service body meetings are self-supporting.

Work in progress with Job Description committee doing an overhaul on our job positions and duties within them.

The Web committee have moved our website to a new platform and changed the look of it with new format, photos, and design layout.

Also, personal emails for each service position have been created and we hope to roll this out soon.

Bus advertisement campaign initiated by our PIPO. It involved contracting with an advertising agency to run adverts on the back of 10 buses for a 1 month period. Commencement date 4th July-2022. The ad was based on "is food a problem for you" poster and referred to the OA Melbourne website. The campaign covered most Melbourne suburbs. To our knowledge so far, 2 newcomers have attended thanks to this campaign.

INTERGROUP ACTIVITIES – ISSUES AND CHALLENGES

An Intergroup Renewal Project was launched by a group of members looking to identify opportunities for re-invigorating Intergroup and ultimately supporting members. The project produced a membership survey to Intergroup with the aim of finding out more about our members and what they need for their recovery. However, the Project was closed before its completion due to a perceived lack of support from some IG members. Working with steps, traditions, and concepts-unity of purpose- was upheld. This was a learning experience for us.

Melbourne IG Executive meets for 1 hour once a month. Feeling this wasn't adequate to look at broader pictures of service roles and administration, we have decided to meet for a day late in Oct to discuss, plan, have fun and fellowship.

SERVICE BODY NAME: Central North Island Intergroup - Te Puku o te Ika a Maui (CNI)

NUMBER OF GROUPS: 8

APPROXIMATE NUMBER OF MEMBERS IN OUR AREA: 40-50

SERVICE BODY POSITIONS: Chairperson, Treasurer

WHEN DO YOU MEET: 4 x times a year. By Zoom at present.

INTERGROUP ACTIVITIES – HIGHLIGHTS

We offer 4 Retreat Days a year ie. a retreat day every 3 months. These days are open to all OA members in NZ. They have been held in Hamilton this year. We have a good attendance of approximately 16-20 people.

In June we participated in the NZ GP's conference in Rotorua with a stall offering information about OA and about our group's meetings and contacts.

In October we are participating in the Young Nurses conference in Hamilton with a stall offering information about OA and about our group's meetings and contacts.

INTERGROUP ACTIVITIES – ISSUES AND CHALLENGES

Sadly 2 of our groups, namely Hamilton Thursday and New Plymouth Tuesday have closed in the last year due to falling attendance.

At present we have several service positions needing to be filled. These are Secretary, Reg 10 Rep and Website Maintenance Person (WMP).

We appreciate the service of everyone in our groups, Intergroup Region 10 and WSO.

SERVICE BODY NAME: Te Waipounamu South Island Intergroup

NUMBER OF GROUPS: 8

APPROXIMATE NUMBER OF MEMBERS IN SERVICE BODY AREA: 50

SERVICE BODY POSITIONS: IG Chairperson; IG Minute Secretary; IG Correspondence Secretary; Literature Coordinator; Answerphone Checker; Webmaster.

Vacant Positions –Treasurer; Answer phone Coordinator; PI Chairperson; Region 10 Reps (only one Rep at present)

WHEN WE MEET: 3rd Saturday morning every 2nd month. PI committee meet the prior Saturday so minutes can be produced in time for presenting at Intergroup Meeting

INTERGROUP ACTIVITIES – HIGHLIGHTS

Public Information

Opportunities were interrupted by Covid Omicron outbreak and stringent requirements around vaccination certificates, scanning and restrictions on large gatherings. As regulations were removed posters, business cards and pamphlets were dropped off to Christchurch Libraries, Community Hubs and the Student Health Centre at local Polytechnic.

Stocks of outdated pamphlets were replaced with newly released versions and PI records were edited, digitalized and archived.

Local members assisted with the Region 10 PI/PO booth at the GP Conference and the Cutting Edge Addictions Conference which were both held in Christchurch in recent months.

Information was posted on Neighbourly Website, Coffee Shop Newsletter, community radio and some gyms.

Members provide speakers to interested community groups.

Meetings

Intergroup moved fully to virtual platform (Zoom) to facilitate attendance by reps from areas other than Christchurch.

One virtual meeting and one F2F meeting have closed. Currently 3 meetings are using virtual platform, 3 meetings operating F2F and 2 are using hybrid option.

International visitors regularly participate in our virtual meetings, finding us via oa.org website as well as members from other parts of NZ.

Visits from medical students are also noted from time to time when they study their addiction module.

Other

We receive regular enquiries via answer phone and website and follow up with 12 step call/visit and newcomers are sent Where do I Start? pamphlet or referred to the downloadable digital version available from oa.org.

Financial donations via online banking remain fairly static and surplus funds accumulated in the travel account as the result of reduced travel expenditure, have been passed on to Region 10.

We are hosting a hybrid 2022 Assembly and Convention in Christchurch in October and a dedicated team have preparations well underway

INTERGROUP ACTIVITIES – ISSUES AND CHALLENGES:

Long Serving members continuing to fill vacant executive positions to keep lines of communication open, as few members stepping up for service. Chairperson making regular appeals to members to cement their recovery by filling vacant IG positions.

SERVICE BODY NAME: Japan Language Service Board

NUMBER OF GROUPS: 29 Groups: 3 online; 3 dormant; 20 groups registered with WSO

APPROXIMATE NUMBER OF MEMBERS IN SERVICE BODY AREA: 150-200

SERVICE BODY POSITIONS: Chairperson, Treasurer and Secretary positions are rotated on a 3 monthly basis and are currently filled. Overseas Affairs and Translator positions are filled also.

WHEN DO YOU MEET: Online zoom meeting every third Saturday from 13:00-15:00

FELLOWSHIP or SERVICE BODY ACTIVITIES - HIGHLIGHTS

This year, we have created an opportunity for our colleagues at all meetings and JLSB. Executives to discuss the information and issues of JLSB and each meeting in Japan online. Separately, a special meeting is being held discuss the organization of OA Offices in Japan and the use of surplus funds for JLSB and Office contribution.

FELLOWSHIP or SERVICE BODY ACTIVITIES - ISSUES AND CHALLENGES

Although there are specific challenges such as organizing the OA Service Structure and handling surplus funds. Overall, there is a lack of practice and understanding of 12 Steps and 12 Traditions

SERVICE BODY NAME: Overeaters Anonymous Queensland Intergroup.

NUMBER OF GROUPS: 17. (*Zoom 6, F2F 6, Hybrid F2F 1, Dial in 4*)

APPROXIMATE NUMBER OF MEMBERS IN SERVICE BODY AREA: 110

SERVICE BODY POSITIONS OCCUPIED: Chair, Vice Chair, Treasurer, Secretary, Region 10 Rep, Newsletter Coordinator, Meeting List Coordinator, WSBC Delegate

VACANT POSITIONS: Webmaster, Literature Coordinator, Group Support, PI Coordinator.

WHEN WE MEET: Zoom first Saturday of the month 9am – 10:30am. (except January)

INTERGROUP ACTIVITIES – HIGHLIGHTS

- A web company has been engaged to carry out Stage 1, update and refresh the website. With Stage 2 to follow.
- An OA member has stepped up to take on a new position of Website Liaison. This person will be liaising with the web company on behalf of QLD IG with final approval for all work coming from Qld IG
- Following the AGM in July the Chair, Vice chair, Treasurer, and Secretary positions were filled.
- IG reps at in recent weeks have stepped up to fill Newsletter Coordinator, Meeting List Coord and WSBC Delegate.
- Tradition 7 donations to Intergroup have been consistently higher than last year. This is a reliable income for IG

INTERGROUP ACTIVITIES – ISSUES AND CHALLENGES

- Encouraging members to take on IG Rep positions
- As a small IG individuals can sometimes feel pressure to do more, especially with the website.
- As Qld IG is an Incorporated Association there is the need for statutory reporting which requires financial expertise. The position of a paid bookkeeper is being looked into for after next AGM
- No member with the right skill set and availability to take on the position of Webmaster and Treasurer at this stage
- In Zoom meetings, members are reluctant to step up to fill Meeting Chair, Host, Tech Assistance roles.
- Some of our Intergroup members when leaving their service position (e.g. Secretary, Chair) do not pass on the relevant information as to what that role entails (e.g. IG information and OA in general.)
- Encouraging IG members to understand and use Google Drive and also some facets of Zoom.

***As an IG we get around these issues by not overreaching and keeping it simple.
Our current goals are:***

- 1) updating/refreshing the website***
- 2) putting on a December IG/day convention.***

SERVICE BODY NAME: Perth Intergroup

NUMBER OF GROUPS: We presently have 11 groups (meetings): 8 virtual meetings and 3 hybrid meetings (two in the Fremantle area and one at our West Perth office). We have meetings running every day of the week.

APPROXIMATE NUMBER OF MEMBERS IN SERVICE BODY AREA: Approximately 75 members in Perth Area and 14 loners on our contact list.

SERVICE BODY POSITIONS: Chair, Secretary, Treasurer, Minute Recorder, Region Ten Rep, Literature Rep, Country and Loners' Contact, Key Register Rep, Meetings List & WSO Meetings List Rep, Oasis Voice Editor, WSO Designated Downloader, Public Information Rep, Telephone Coordinator, Temporary Sponsor Coordinator, Twelfth Step Within Committee/Rep, Webmaster, and Zoom Account Manager.

At our May AGM, the Region Ten Representative and the Country and Loners' Contact positions were not filled. The Region Ten Representative position was filled shortly after the AGM. We are still discussing the necessity of the Country and Loners' Contact position.

WHEN DO YOU MEET: On the third Sunday of every month, from 10.30 am to 11.30 am via Zoom.

INTERGROUP ACTIVITIES - HIGHLIGHTS

Perth Intergroup hosted the 2021 Region 10 convention in October

Our intrepid 12th Step Within Committee arranged for members to gather at our Wednesday Fremantle meeting venue to attend the virtual Region 10 convention while enjoying in-person fellowship

Our 12th Step Within Committee hosted a Festive Season Survival Workshop in December

Our hybrid AGM and in-person mini-convention were held in May, at our office in West Perth; seven members attended the AGM via Zoom, and fourteen attended in person, we had one apology

On Saturday 25 June, our new (as from May) 12th Step Within Committee began a hybrid 15-week workshop using the 'Overeaters Anonymous Twelve Step Workshop and Study Guide'. The workshop has been embraced by members from varied locations, including some from outside WA

Earlier this year our West Perth office was refurbished, including the purchase of new furniture and technical equipment, which is better suited our hybrid meeting needs.

INTERGROUP ACTIVITIES - ISSUES AND CHALLENGES

Unfortunately, one of our Friday evening meetings closed in July, and our only regional meeting closed in August. In both cases, lack of members attending consistently, and therefore lack of members available to do service, were the major reasons for the meeting closures

Some meetings are frequently encouraging more regular attendance by members, and for more members to take on service

Having members re-open and return to face-to-face meetings (now that restrictions have been lifted) continues to be a challenge, although a couple of meetings which have re-opened in a hybrid format do have a core of members who attend in person.

SERVICE BODY NAME: OA Adelaide Intergroup

NUMBER of groups: 5

Approximate number of members in Service Body area: 20

Service Body positions:

Chair, Vice Chair (vacant), Secretary (vacant), Treasurer, Region 10 Representative (vacant – currently a Liaison only), World Service Business Conference Delegate (vacant), Webmaster, Public Information Officer (vacant)

When do you meet: Second Saturday of the month at 11am following the regular Saturday morning. Bi-Monthly now only.

INTERGROUP ACTIVITIES – HIGHLIGHTS

- Our intergroup is continuing to support members during these uncertain times. Some meetings have been able to return to some Face to Face, and are now hybrid meetings. This

enables members who are unable to attend in person to join via Free Conference Call or Zoom.

- Ongoing maintenance and updates to the OA Adelaide website to reflect changes in meetings and requirements due to changing Covid restrictions.
- The Intergroup has purchased a Zoom account for use by all affiliated meetings.
- Adelaide Intergroup held a hybrid retreat in November 2021 which included Face to Face and Zoom workshops and meetings. Feedback was very positive for the retreat and new venue.

INTERGROUP ACTIVITIES – ISSUES AND CHALLENGES

- Literature sales have declined due to low attendance of Face-to-Face meetings.
- Considerable decline and consistency in Face-to-Face meetings.
- There has been a sharp decline in members over the past 12 months. Only a small number of members have returned to some Face-to-Face meetings, as well as a significant decrease in the number of members attending virtually. This decrease has continued. The opening of face-to-face meetings is usually left to specific individuals due to low numbers, if they aren't available the rooms often are closed. And newcomers potentially arriving to a closed room.
- A core group of members undertaking many of the service positions at the group and intergroup level. It is a challenge to maintain membership to enable people to take on these service positions. This has deteriorated further.
- Zoom bombing – zoom meetings have experienced 'zoom bombers', including the host being impersonated (picture taken, duplicated). Security measures have had to be put in place. Discussions regarding adding information to meeting formats around running of zoom meetings & security.
- International/interstate attendance of zoom meetings has increased, however attendance can be inconsistent. And regular attendance of the same international/interstate members is rare. So, this means service positions and meeting moderation is left to the same local individuals each week. This has led to some meetings not going ahead at the specified time if an individual is not available to host and there is no backup or the backup is unavailable.
- 7th tradition also seems to be an issue for irregular international/interstate attendance on Zoom. Face to face meetings require higher donations from current members to maintain solvency to pay for rent etc.
- With more international attendance, the topic of "I.D." when newcomers are present has to be explained. It seems different meetings in different countries call this something else?
- Lack of newcomer support due to low membership & lack of long-term members

Appendix I (b) – SERVICE BODY HIGHLIGHTS AND CHALLENGES

HIGHLIGHTS		CHALLENGES	
1	Service Survey received 90 submissions – feedback given on lack of understanding of service positions and how to be of service.	1	Few members stepping up for IG service. How to encourage members to take up IG Rep positions.
2	Committee put together to organise 2023 R10 Assembly & Convention.	2	Meeting closures due to lack of members attending consistently and availability to do service.
3	Job descriptions reviewed and updated.	3	IG Renewal Project closed before completion.
4	ByLaws subcommittee finalised IG ByLaws.	4	Members reluctant to step up to fill Chair, Host and Tech positions for online meetings.
5	Welcome to IG Orientation Manual valued and used by members.	5	Extensive issues with OA email accounts: Loss of addresses when handing over service positions. Relevant service position information not passed on.
6	Public Information: Medical Practices, Libraries, Radio Stations, Public Transport, FB, Support Directories, Health & Wellbeing Community Groups.	6	Concept of Children at OA meetings: Challenge to achieve Unity.
7	Websites: Website being trialled for six months; Webmaster paid position. Website moved to another platform.	7	Maintenance and development of IG website – new website to be trialled.
8	Personal emails created for each service position.	8	WSBC Delegate positions not filled.
9	Workshops focusing on WDIS (Where Do I Start); Sponsorship, Zoom training; IDEA Day; OA 12 Step Workshop & Study Guide	9	Challenges organising OA service structure; Handling surplus funds; Lack of practice and understanding of 12 steps and 12 traditions.
10	Meeting split into two separate meetings – Zoom and face to face.		

Appendix II (a) - REGION TEN COMMITTEE REPORTS

International Support Committee

Members: Kaye (Chair), Johnny, Dinah, Letitia, Elke, Jill (observer), Samantha (board liaison)

Highlights

Translation and interpretation

- We are currently working toward providing interpretation for Assembly in Korean and Japanese for the first time.
- We will work toward one meeting in the convention with interpretation. This meeting will focus specifically on interpretation, speaking slowly etc.

Workshop with South Korea.

- A 12-step workshop with South Korean members was facilitated by one of our members (from Melbourne) and the Region South Korean Rep.
- The member met regularly with South Korean Rep and together they prepared how they would lead and facilitate the workshop. Before the workshop commenced, they met regularly for 8 weeks to work out a format and focus questions. They continued meeting weekly to prepare and evaluate the workshop as it went along.
- 4-6 members attended regularly. The workshop was based on the 12 steps and 12 traditions - 2nd edition. The workshop finished in August.
- Both leaders thought the workshop was successful and met the needs of its members.
- The leaders will provide a report of the process, format, focus questions as well as highlights and challenges so we have a record of what has worked.
- They are now starting a 12 Traditions workshop.
- South Korea Fellowship: Currently about 10 members, two meetings other than the workshop. Many members came over from AA. Not much PI work.

Vietnam Region

- Region 10 Rep from Auckland doing step work with a Vietnamese member, and it is going well. He is also in contact with Virtual Region and keeps us informed of their news etc.

Singapore

- Meetings well attended and one of our members keeping them informed and well supported.

Japan

- Contact has been made with the Region Rep re translation and interpretation.

Committee Members

- 3 new members have joined us this year.

Challenges

Translation and Interpretation

- There are difficulties communicating with language differences about the times of meetings for convention and assembly to provide interpretation.
- We discussed the difficulties with interpretation in meetings. Such as the need for the speakers to pause and speak slowly.

Kaye
Region Ten International Support Committee Chair

Internal Support Committee

Members: Sonia (Chair), Jill, Claudia (Board Liaison)

Progress:

- We had a few meetings of the committee via Zoom
- Communicated via email and WhatsApp
- Files were shared using Google drive, allowed editing together

Objective 1: To increase communication between intergroups throughout the year

How was this achieved?

We held 3 meetings of R10 reps, liaisons, committees, and board overall

Highlights:

- Facilitated communication between intergroup reps and board in R10
- Members got to know each other and what was happening at each intergroup at multiple stages throughout the year, reducing isolation between assemblies
- Good “practice” for assembly and helps to increase comfortability with the zoom meeting format, and improve confidence within the committee
- Zoom recording and live transcript was used to improve understanding
- Enabled further contact and outreach between meetings to share experiences
- Found similarities between intergroups and discussed solutions such as:
 - a) Donation, sharing or disposal of spare or retired literature
 - b) Difficulties in maintaining websites and need for paid web support
 - c) Difficulties filling service positions, changing nature of service
 - d) Public info initiatives being used in each intergroup (ads, speakers)

Challenges/Gaps:

- Difficult to share information between meetings, especially via email
- Multiple groups expressing need for sharing of resources, but few responses received to call out for flyers/events/information to go along with minutes

Objective 2: To increase sharing of information between intergroups by developing a resource where information can be shared (such as service position descriptions).

- 2021 Assembly a resource of service position descriptions was proposed
 - Resources were available in the virtual region, and in individual intergroups
- Clear need for a central repository of resources available within R10 was evident
 - To share initiatives such as workshops, ad-hoc committee progress
 - To assist when members step down from service positions
 - To prevent ‘reinventing the wheel’ at each intergroup
- However, it is now more than just about service position descriptions:

- General resource sharing is desired in R10
- Still in the brainstorming stage, to discuss with R10 board and at assembly
- Unable to implement this alone, it would be a shared effort within R10
- Too much to do for a webmaster, is there a more accessible way to upload?
- It would be up to each intergroup rep to access/distribute this information at their own intergroup meetings (willingness and action)

Questions remaining before a solution can be found:

- What resources are needed to share?
 - Events, workshops, flyers, retreats
 - Templates, guides on how to host/chair in zoom
 - Could be used to share Assembly information
 - What information does each intergroup want to see?
- How do we share the information?
 - Platforms? Google Drive, Microsoft SharePoint, Dropbox, Smartsheets
 - Any features needed? How much space? Accessible link?
 - Does it need to be password protected to protect anonymity?
- Who would be involved?
 - Who would upload the information to the repository?
 - Approval of resources by R10 board?
 - Is a website person needed to facilitate/maintain, or are there members willing to do service in this area?

Objective 3: Service workshop

- Discussed, but required more planning/time than was possible with fewer members
 - Luckily service workshop is to be run soon via Sydney IG (facilitated by R10 trustee Lee). Possibility of recording or sharing resources from this.

Thank you to all in R10 for coming to these meetings, we hope to continue them in 2023!

Sonia

Region Ten Internal Support Committee Chair

Web Comm Committee

Committee: Chair - Leslie, Members - Janet, Webmaster, Letitia

Summary of activities undertaken:

- Throughout the year the Committee meetings held via Zoom
- WhatsApp group, email and google drive used for communication outside of meetings
- All intergroup representatives and liaisons were contacted and asked to review their intergroup information on the R10 website and advise of outdated information

- Web Committee reviewed the information on the R10 website and compiled proposed updates to content
- Proposal has been made to create a 'Committees' page on the website to include information about the R10 committees and any current/future work progress
- Webmaster updated web page to ensure up to date accurate content
- In May the Region 10 Webmaster resigned from their position. The committee thanked them for their time and service in this position
- The committee engaged an external web designer (Belinda) to make updates to the design and information architecture of the website.
- This is a paid service that was never utilised as the committee only made minor content updates undertaken by the then webmaster
- A meeting was called of the committee attended by the remaining committee members and the region 10 chair to consider options going forward.
- A proposal was put to the Region 10 board in July by the committee to recommend appointing the external web designer as the interim webmaster until Assembly
- The committee also recommended that the Region 10 board consider dissolving the Web Comm committee and appoint one of the Board as liaison with the webmaster

In August 2022 I will complete my 2 years as the Adelaide Region 10 representative. I would like to thank everyone for their support and assistance over the past two years as my time as the Region 10 representative as well as the Chair of the web comm committee.

Regards,

Leslie

Region Ten Web Comm Committee Chair

Public Information / Professional Outreach Committee

Committee Members: Angela (Chair) Faith, Christine, Sacha, Susan (Board Liaison)

Highlights:

- Committee met every 2 months for 1-1.5hrs.
- A very successful exhibit at a North Island NZ GP's Conference. This was organized & attended by several members from Central IG who met the criteria for attending Professional Exhibits. There were requests for posters developed specifically for health professionals along with general OA material. There were approx. 1000 attendees.
 - A key question for attracting health professionals to the OA booth was to ask them if they had clients / patients who struggle to follow their health advice?
- Registration fees have been paid for the South Island GP Conference in mid-August and the Cutting Edge Addictions Conference in September. Both Conferences are being held in Christchurch. Posters and support materials from the Rotorua GP conference have been sent onto Christchurch.
- Resources have also been shared with Central IG for their attendance at the NZ School Nurses Conference.

Challenges:

- "each one, reach one, each day". It is every OA member's responsibility to reach out.
- Region Ten developing a Central Repository for PI/PO information accessible for all R10 Intergroups.

- Picking which Health Professional Events to attend, ie. The maximum outreach for the least cost of access.

Objective 1: Developing a PI resource bank for Intergroups:

- Intergroups have continued to undertake their own development of Public Information initiatives. Fliers, posters, pens, advertisements (eg. on backs of buses in Melbourne) and business cards.
- A comprehensive list to access this useful information by all R10 Intergroups is yet to be completed.
- Task 2 of “discovering International PI resources” is not completed.
- It was decided that Task 3 – “Investigate social media options eg. Facebook, Twitter” would not proceed as no one on the Committee was familiar with social media.

Objective 2: Liaise with website committee:

- Several Intergroups have recently developed or are developing websites.
- A Central Repository of PI/PO ideas and resources is reliant on the R10 website providing this functionality.
- This objective has not been met.

Objective 3: To increase OA’s visibility to professionals:

- Following the highly successful attendance of OA at the North Island GP’s Conference, it was decided that resources, such as the requested posters could be made available to Intergroups for use and distribution to Health Professionals in their area.

Yours in Service,
Angela

Region Ten Public Information/Professional Outreach Committee Chair

Appendix II (b) - REGION TEN BOARD REPORTS

REGION TEN TRUSTEE LIAISON ANNUAL REPORT

Names of groups and Service Bodies	Date July/2022 & #	Date Jan./2022 & #	Date Sept./2021 & #
Affiliated groups	166	167	167
Unaffiliated groups (groups not attached to an intergroup/service board)	5	5	4
Total Number of Groups	171	172	182
Total number of virtual meetings	40	36	0
Total number of Intergroups	12	12	12
Total number of Language Service Boards	1	1	1
Total number of Service Boards	13	13	13

Region Ten includes: Australia, East Asia, New Zealand, Southeast Asia and the Western Pacific Basin. Our meetings are in Australia, New Zealand, Japan, South Korea, and China. There are also unaffiliated meetings in Hong Kong, Indonesia, Singapore and Thailand. We also have members in Fiji, Malaysia and the Philippines. If you will notice, we have added four more virtual meetings to our area. Since Covid hit, virtual and Hybrid meetings are on the rise. This has been good for me because it allows me to attend meetings in the region.

I have just started my service as your Region Ten Trustee Liaison. I'm not sure what the differences are yet and maybe it is just a name change. Some things that I am working on with Letitia M., our former Region Ten Trustee and Susan M. our Region Ten Chair include:

- Training for our Assembly on Zoom Interpretation. Letitia M. and I met with Region Eight Trustee Dora P. for help on this. We are working together to have this be the start of having interpretation hopefully available for our Assemblies from now on.
- Susan M. and I are working together to create an open-door policy for problem solving around the region if things come up within the region. We would be happy to meet with you on zoom.
- I have worked on training the board on the Team Up Calendar which we plan to implement sometime after the Assembly and Convention. This would allow users the ability to see events that are posted on the calendar in their own time zone.
- Another Region 10 activity that I am involved in is facilitating the Sponsorship Workshop for the Sydney Intergroup.

As part of my Trustee Committees that I am involved in:

- I am part of an Ad Hoc committee dedicated to helping with the problem of Zoom Bombing. We are working on a document that will be available in our document library on the WSO.org website. Instead of just working on Zoom bombing we are creating a more inclusive document for all types of virtual meetings to help with dealing with intruders. It would be my pleasure to help in this area as needed.
- Along with that our WSBC TSW committee has three sub-committees. The first one is working on making Face to Face meetings happen again. So, they have come up with some great ideas to share. Our Sponsorship sub-committee is working on several ideas to help in finding a sponsor. The other sub-committee is Each-One-Reach-One, and they are working on ideas to improve reaching out to those who stopped attending meetings.
- I am also involved in International Publications and Translations Committee. We have been working on getting the "Where Do I Start" translations made available. We have many translations of the older version of "Where Do I Start" available. We just approved posting

these as well as the updated version that is already available on our OA website. It can be translated through google translate.

- Please let me know of anything I can take back to these committees for you.

I am looking forward to meeting you all in person in October as I am coming to New Zealand for the Assembly and Convention.

Respectfully Yours,

Lee R.

REGION TEN CHAIR ANNUAL REPORT

I would like to thank all those in the region who have so generously given service over the last year. This consists of the Board, Chairs and members of the Public Information & Professional Exhibits, Internal Support, International Support and Web/Comm Committees.

I am new to the position and it has been a steep learning curve. I've had to learn how to balance my OA recovery, my personal life and region 10 service.

I've really enjoyed visiting Intergroups in the region and am inspired by the wonderful work they are all doing. I've been encouraging members to step up for service at Region 10. We need more members to be region 10 representatives, be part of our committees and ultimately to take positions on the board. This year we were not able to put forward a nominee for the position of Trustee Liaison from the members within Region 10.

I attended the 2022 World Service Business Conference which was held virtually. It was a wonderful experience and I'm hoping that it will be face to face in 2023. I can imagine that the experience will be enhanced by being able to attend recovery meetings and also get to know people in the flesh!

I'm also a member of the Region Chairs Committee which I have found to be very proficient and effective as well as supportive of new region chairs. I feel there is much for me to learn from these experienced members from all over the world.

I've really enjoyed being the Board Liaison for the PI/PE committee and have learnt a lot about how OA can spread the message by attending various health conferences.

The 2022 Assembly will be held virtually in October and the Convention is being held as a hybrid event out of Christchurch NZ. Many of the board members and some of the region 10 representatives will be travelling to Christchurch for the Convention. I'm looking forward to much fun, fellowship and recovery.

There will be a virtual Special Meeting for R10 Reps and Liaisons in September in preparation for the Assembly. This allows members the opportunity to get to know one another, ask questions and familiarise themselves with the Zoom platform and other procedures during Assembly.

I have been invited to join a Board of Trustees Ad Hoc Committee to look at the possible re-alignment of the regions. It is unusual for a Chair to be on a BOT committee but they wanted someone who lives in Region 10 to give input.

The role of Region 10 Chair is for a two-year term and I am happy to continue for another year.

Yours in service,
Susan M

REGION TEN VICE CHAIR ANNUAL REPORT

It has been a pleasure working with the Board this year, and especially welcoming in the ever-enthusiastic and ebullient Lee, our new Trustee.

This is what the Vice Chair does in over a year:

- Attend the International Support Committee meetings as a liaison, helping out when needed: this year with a special emphasis on setting up simultaneous translation for our Assembly and Convention.
- Answer specific questions from Reps or Members. This year there were two significant issues: what to do with old literature; how to communicate the death of a member to the Fellowship.
- Sought to clarify and refine the Position Descriptions as written in the bylaws, especially in relation to working digitally.
- Review Archiving for R10 and investigate the best future options given platforms like Dropbox and Google Drive (for a techno dunce like me a daunting yet exciting exploration).
- Attend board meetings and Internal Support Committee meetings
- Help prepare for Assembly
- Support Reps and Committee Chairs as needed
- Work the steps and rely on an HP for direction!

Yours in service.

Samantha B

REGION TEN TREASURER ANNUAL REPORT

Bank Accounts as at 30th September 2022:

	Au\$ Reserve	Au\$ Account	NZ\$ Account	NZ\$>Au\$ (ROE: 0.90)**	Total Au\$
Incoming Bal (30 th Sept 2021)	\$6,399.39	\$25,282.64	\$25,414.59	\$22,873.13	\$54,555.16
Income (1/10/21 to 30/9/22)	\$ 50.59	\$ 16,821.80	\$ 8,463.42	\$ 7,617.08	\$24,485.47
Expenses (1/10/21 to 30/9/22)		\$ 14,107.63	\$ 6,263.95	\$ 5,637.56	\$19,745.19
	+ \$50.59	+\$ 2,714.17	+\$ 2,199.47	+\$ 1,979.52	\$ 4,744.28
Funds available (30 th Sept 2022)	\$6,449.98	\$27,996.81	\$27,614.06	\$24,852.65	\$59,299.44

Income details:

	Australia Reserve	Australia	New Zealand	NZ\$>Au\$ (ROE: 0.90)**	Total Au\$
Perth R10 Convention		\$ 2,500.00			\$ 2,500.00
Assembly Float return		\$ 500.00			\$ 500.00
Personal contributions		\$ 633.00			\$ 453.00
Group contributions		\$ 941.56	\$90.00	\$ 81.00	\$ 1,022.56
Intergroup contributions		\$ 11,540.30	\$8,369.74	\$ 7,532.77	\$19,073.07
- Adelaide IG		\$ 340.30			

- Perth IG		\$ 2,200.00			
- Sydney		\$ 1,500.00			
- Melbourne		\$ 5,000.00			
- Queensland		\$ 2,500.00			
- Auckland IG			\$ 6,375.00		
- Central Nth Island (Hamilton)			\$1,000.00		
- Wellington					
- Te Waipounamu (Sth Island)			\$994.74		
Interest Bank accounts	\$0.59		\$23.68	\$ 21.31	\$ 21.90
Transfer to prudent reserve	\$50.00				\$50.00
Others (banking error)		\$ 706.94			\$ 706.94
TOTAL	\$50.59	\$ 16,821.80	\$ 8,463.42	\$ 7,617.08	\$24,485.47

Expenses details:

	Australia Reserve	Australia	New Zealand	NZ\$>Au\$ (ROE: 0.90)**	Total Au\$
Transfer to prudent reserve		\$50.00			\$50.00
WSBC 2022 Registration		\$507.68			\$507.68
- Chair		\$ 253.22			
- Vicechair		\$ 254.46			
Traveling expenses (NZ)		\$ 3,098.94			\$ 3,098.94
- Chair		\$ 760.49			
- Vicechair		\$918.95			
- Treasurer		\$1,419.50			
- Secretary					
WSBC donation		\$ 5,085.68			\$ 5,085.68
Zoom Account		\$230.89	\$434.17	\$390.75	\$ 621.64
PI/Exhibits committee			\$ 5,564.31	\$ 5,007.88	\$ 5,007.88
International Sup com		\$ 4,427.50			\$ 4,427.50
Internal sup committee					
Website			\$15.00	\$ 13.50	\$ 13.50
Sundry (Serenity knots)			\$250.47	\$225.43	\$225.43
Other (Bank error)		\$ 706.94			\$ 706.94
TOTAL		\$ 14,107.63	\$6,263.95	\$5,637.56	\$19,745.19

**** The Rate of Exchange (ROE) applied to this report is 0.90 as per current mid-market rate, which has significantly shifted from last year's ROE: 0.95. (This rate is only used for the purpose of this report and does not affect the funds on the bank accounts)**

I am very grateful for the opportunity to give back a bit of ALL that has so generously been given to me in OA. It has been a pleasure to be part of the board and I have learnt a lot from seeing your recovery in practice. A special thanks to our Australian and New Zealand bankers, Sharon and Faith as well as to the board members for their support and for their loving service to OA.

In addition to the regular treasurer duties and attending board meetings, this year I attended a questions and answers Zoom session with treasurers of the other OA Regions where we shared valuable information relating to treasurer topics and discussed some common region concerns.

I also attended the Internal Support committee as board liaison and helped to organise and participate in meetings of Region10 representatives, liaisons, committees, and board members where we had the opportunity to communicate and share valuable information of the highlights and challenges of the different intergroups.

With gratitude,
Claudia R

Appendix III – BUSINESS MOTIONS

ASSEMBLY BYLAW AMENDMENT PROPOSAL 1

To Amend VI – COMPOSITION OF THE BOARD Section 4. Duties Part C. SECRETARY By inserting and deleting as follows:	
PRESENT WORDING	PROPOSED WORDING
<p>a. Shall be present at all assembly business meetings and board meetings and arrange for the taking of the minutes</p> <p>b. Shall furnish a printed copy of the assembly final report to all region representatives, service bodies, board members, and position holders as specified by these bylaws within sixty (60) days of the assembly. Recipients shall be given the option to receive the report electronically.</p> <p>c. Unaffiliated groups will be advised in a summarized communication post assembly that the full assembly report can be mailed to them on request</p> <p>d. Shall forward board minutes including teleconference call minutes to all board members, and highlights of the minutes to committee chairs for forwarding to committee members.</p> <p>e. Shall maintain a current distribution list of all Region Ten service bodies, unaffiliated groups, region representatives, board members and any other position holder as specified by these bylaws for distribution of region mailings.</p> <p>f. Shall organize teleconference calls between board members as required.</p>	<p>a. Shall be present at all assembly business meetings and board meetings and arrange for the taking of the minutes</p> <p>b. Shall furnish a printed copy <u>an electronic copy</u> of the assembly final report to all region representatives, service bodies, board members, and position holders as specified by these bylaws within sixty (60) days of the assembly. <u>Shall have the Webmaster post the assembly final report on the secure page of the Region Ten website.</u> Recipients shall be given the option to receive the report electronically.</p> <p>c. Unaffiliated groups will be advised in a summarized communication post assembly <u>shall receive a summarized communication post assembly report that the full assembly report can be mailed to them on request with a link to the full assembly report on the Region Ten website.</u></p> <p>d. Shall forward a <u>summary of the board meeting minutes including teleconference call minutes</u> to all board members <u>for approval.</u> highlights of the minutes to committee chairs for forwarding to committee members <u>Have the Webmaster post the board minutes on the secure page of the Region Ten website.</u></p> <p>d. Shall maintain a current distribution list of all Region Ten service bodies, unaffiliated groups, region representatives, <u>WSBC delegates</u>, board members and any other position holder as specified by these bylaws for distribution of region mailings.</p> <p>e. Shall organize teleconference calls between board members as required.</p>
SUBMITTED BY:	Region Ten Board
INTENT:	To update and clarify the duties of the Secretary
IMPLEMENTATION:	Update Bylaws
COST:	Nil

ARGUMENT SUBMITTED:	As communication changes, we attempt to keep up.
HISTORY:	Nil
<i>Effect – To clarify the duties of the Region 10 Secretary</i>	

ASSEMBLY BYLAW AMENDMENT PROPOSAL 2

<p>To Amend VI – COMPOSITION OF THE BOARD Section 4. Duties D. TREASURER By inserting and deleting as follows:</p>	
PRESENT WORDING	PROPOSED WORDING
<p>a. Shall receive, record and acknowledge all contributions.</p> <p>b. Shall maintain the bank account in their country of residence and oversee Region Ten bank accounts in other countries. Where necessary for currency purposes shall oversee the establishment of a bank account in another country.</p> <p>c. Shall disburse funds as approved by the assembly or board.</p> <p>d. Shall present a written and an oral report at each assembly.</p> <p>e. Shall be the board liaison of the Fundraising Committee.</p>	<p>a. Shall receive, record and acknowledge all contributions.</p> <p>b. Shall maintain the bank account in their country of residence and oversee Region Ten bank accounts in other countries. Where necessary for currency purposes shall oversee the establishment of a bank account in another country.</p> <p>c. Shall disburse funds as approved by the assembly or board.</p> <p>d. Shall present a written and an oral report at each assembly.</p> <p>e. <u>Shall be present at all assembly business meetings and board meetings</u></p> <p>f. Shall be the board liaison of the Fundraising Committee.</p>
SUBMITTED BY:	Region Ten Board
INTENT:	To update and clarify the duties of the Treasurer
IMPLEMENTATION:	Update Bylaws
COST:	Nil
ARGUMENT SUBMITTED:	We do not always have a fundraising committee.
HISTORY:	Nil
<i>Effect – To clarify the duties of the Region 10 Treasurer</i>	

ASSEMBLY BYLAW AMENDMENT PROPOSAL 3

<p>To Amend ARTICLE IX – REGION TEN WEBSITE and WEBMASTER Section 3 Guidelines for Region Ten Webmaster By inserting as follows:</p>	
PRESENT WORDING	PROPOSED WORDING
<p>a) The Webmaster shall be elected at Assembly and shall be someone who best fits the following criteria. Has:</p> <ul style="list-style-type: none"> i. 2 years current abstinence and is working the OA program, ii. served at the region level for at least one year in the past 7 years, iii. proven current experience of maintaining a website. <p>b) Vacancies that occur between assemblies shall be filled by appointment of the Region Ten Board.</p> <p>c) This position has no set time limit.</p> <p>d) The Webmaster shall:</p> <ul style="list-style-type: none"> i. maintain the Region Ten Website as per guidelines in Section 2. ii. make recommendations for continued website improvement. iii. keep passwords for role-based emails. iv. maintain electronic distribution lists for region 10 representatives. v. ensure all submissions have been cleared by the Region Board for adherence to traditions (advertising non-OA events, endorsing or opposing of “causes”, outside enterprises, etc.) before posting. vi. be part of the Web/Comm committee and may attend the committee goal meetings at assembly virtually. vii. submit a digital report of their activities to the Chair for the mail-out for assembly. 	<p>a) The Webmaster shall be elected at Assembly and shall be someone who best fits the following criteria. Has:</p> <ul style="list-style-type: none"> i. 2 years current abstinence and is working the OA program, ii. served at the region level for at least one year in the past 7 years, iii. proven current experience of maintaining a website. iv. <u>If no suitable candidate can be found within OA, then the Board may appoint an outside paid webmaster; such appointment to be confirmed at Assembly.</u> <p>b) Vacancies that occur between assemblies shall be filled by appointment of the Region Ten Board.</p> <p>c) This position has no set time limit.</p> <p>d) The Webmaster shall:</p> <ul style="list-style-type: none"> i. Maintain the Region Ten Website as per guidelines in Section 2. ii. make recommendations for continued website improvement iii. keep passwords for role-based emails. iv. maintain electronic distribution lists for region 10 representatives. v. ensure all submissions have been cleared by the Region Board for adherence to traditions (advertising non-OA events, endorsing or opposing of “causes”, outside enterprises, etc.) before posting. vi. be part of the Web/Comm committee and may attend the committee goal meetings at assembly virtually. vii. submit a digital report of their activities to the Chair for the mail-out for assembly.
SUBMITTED BY:	Region Ten Board
INTENT:	To update and clarify the requirements for election to the role of Region Ten Webmaster

IMPLEMENTATION:	Update Bylaws
COST:	Nil
ARGUMENT SUBMITTED:	It is important to have a well-qualified person to take care of this position whether in OA or not.
HISTORY:	Nil
<i>Effect – To clarify the requirements for election to the role of the Region 10 Webmaster</i>	

ASSEMBLY BYLAW AMENDMENT PROPOSAL– Emergency New Business 1

To Amend ARTICLE VI – COMPOSITION OF THE BOARD Section 4. Duties Part E. by inserting and deleting as follows:	
PRESENT WORDING	PROPOSED WORDING
<p>E. REGION TRUSTEE Region Ten does not establish the duties and responsibilities of the region trustee. The following description is taken from the <i>OA Inc Bylaws Subpart B Article VII – Board of Trustees</i> and is provided here as information only: Job Description: <i>Region trustees are responsible for keeping WSO up to date on the names, addresses and phone numbers of the chair and secretary; informing WSO of any changes in the region's office mailing address and encouraging regions to obtain a permanent post office box.</i> Duties: <i>The region trustee shall be the representative of the BOT in their region and shall represent the Fellowship of OA as a whole. (Refers to OA Inc. Bylaws Subpart B, Article VII). The region trustee serves OA as a whole and will act as a guardian of the Twelve Steps, Twelve Traditions and Twelve Concepts of OA Service. Duties will include, but not be limited to, the following:</i></p> <ul style="list-style-type: none"> <i>g. Attend all BOT meetings and submit a report of region activities to the BOT for inclusion on the meeting agenda.</i> <i>h. Attend all Region Ten assemblies. Attend meetings of the Region Ten Board.</i> <i>i. Participate, when possible, in service workshops throughout the region when asked. Suggest service workshops for marathons and weekend conventions.</i> <i>j. Chair the BOT committee(s) appointed to and submit a report of activities to the BOT for inclusion on the meeting agenda.</i> <i>k. Participate in other BOT committees if desired.</i> <i>l. Assist various service structures within the region to organise and operate effectively when requested to do so.</i> 	<p>E. REGION TRUSTEE Region Ten does not establish the duties and responsibilities of the region trustee. The following description is taken from <u>They can be found in the <i>OA Inc Bylaws Subpart B Article VII – Board of Trustees at the oa.org website.</i> and is provided here as information only:</u> Job Description: <i>Region trustees are responsible for keeping WSO up to date on the names, addresses and phone numbers of the chair and secretary; informing WSO of any changes in the region's office mailing address and encouraging regions to obtain a permanent post office box.</i> Duties: <i>The region trustee shall be the representative of the BOT in their region and shall represent the Fellowship of OA as a whole. (Refers to OA Inc. Bylaws Subpart B, Article VII). The region trustee serves OA as a whole and will act as a guardian of the Twelve Steps, Twelve Traditions and Twelve Concepts of OA Service. Duties will include, but not be limited to, the following:</i></p> <ul style="list-style-type: none"> e. Attend all BOT meetings and submit a report of region activities to the BOT for inclusion on the meeting agenda. f. Attend all Region Ten assemblies. Attend meetings of the Region Ten Board. g. Participate, when possible, in service workshops throughout the region when asked. Suggest service workshops for marathons and weekend conventions. h. Chair the BOT committee(s) appointed to and submit a report of activities to the BOT for inclusion on the meeting agenda. i. Participate in other BOT committees if desired. j. Assist various service structures within the region to organise and operate effectively when requested to do so.

<p>m. <i>Maintain liaison between the BOT and the region.</i></p> <p>n. <i>Assist in problem areas within the region when asked. Serve as a mediator and discussion facilitator, not as a fix-it person.</i></p> <p>o. <i>Answer correspondence whether addressed directly to the trustee or referred from WSO.</i></p> <p>p. <i>Attend service body meetings when invited.</i></p> <p>q. <i>Investigate alleged Traditions violations within the region. Report to the BOT if the problem affects OA as a whole or if it may be of help or interest to other members of the BOT.</i></p> <p>r. <i>Serve as liaison and an adviser to the corresponding conference committee if applicable.</i></p> <p>s. <i>Assist with service functions in other regions when invited by a region trustee.</i></p>	<p>k. <i>Maintain liaison between the BOT and the region.</i></p> <p>l. <i>Assist in problem areas within the region when asked. Serve as a mediator and discussion facilitator, not as a fix-it person.</i></p> <p>m. <i>Answer correspondence whether addressed directly to the trustee or referred from WSO.</i></p> <p>n. <i>Attend service body meetings when invited.</i></p> <p>o. <i>Investigate alleged Traditions violations within the region. Report to the BOT if the problem affects OA as a whole or if it may be of help or interest to other members of the BOT.</i></p> <p>p. <i>Serve as liaison and an adviser to the corresponding conference committee if applicable.</i></p> <p>q. <i>Assist with service functions in other regions when invited by a region</i></p>
SUBMITTED BY:	Region Ten Board
INTENT:	To update due to changes to Trustees at WSBC
IMPLEMENTATION:	Update Bylaws
COST:	Nil
ARGUMENT SUBMITTED:	Trustees are no longer separated into Region Trustees and General Trustees They are all Trustees. The duties apply to all trustees until they are appointed to a region.
HISTORY:	Nil
<i>Effect – To bring the Bylaws into alignment with the OA Inc, Bylaws (as required)</i>	

ASSEMBLY BYLAW AMENDMENT PROPOSAL – Emergency New Business 2

<p>To Amend ARTICLE VII – REGION TEN TRUSTEE Section 1 and Section 2 By replacing Section 1 and inserting, deleting, and re-numbering Section 2. Endorsement Procedure C – APPLICANT SELECTION PROCESS as follows:</p>	
PRESENT WORDING	PROPOSED WORDING
<p>Section 1. Application and Selection The Region Ten Trustee is elected at the WSBC Applicants for this position will be selected from within Region Ten and must be OA members who meet the requirements of OA Inc. Bylaws Subpart B, Article VII Section 4(a). The region trustee serves OA as a whole as a member of the BOT and maintains liaison between the BOT and Region Ten.</p> <p>Section 2. Endorsement Procedure</p>	<p>Section 1. Application and Selection The Region Ten Trustee is elected at the WSBC Applicants for this position will be selected from within Region Ten and must be OA members who meet the requirements of OA Inc. Bylaws Subpart B, Article VII Section 4(a). The region trustee serves OA as a whole as a member of the BOT and maintains liaison between the BOT and Region Ten.</p> <p>Section 1. Trustee Appointment Process</p>

A. APPLICATIONS

Any member wishing to gain assembly endorsement must complete both

- a. i) board application form endorsed by their intergroup or a member of the board and
- ii) an electronic application form from WSO website.
- b. Ideally the applicant submits the applications to the Chair no later than fifty (50) days prior to the assembly to enable the formal trustee application to be distributed to the fellowship in the second mailout.
- c. In the event that there are no qualified applicants who have filed their applications fifty (50) days prior to the assembly, the assembly will accept qualified applications from the floor.

B. APPLICANT PRESENTATIONS

Each applicant must be present to speak before the representatives at the assembly. Each applicant may speak for five (5) minutes to be followed by a question-and-answer session which is not to exceed ten (10) minutes. Total presentation time is fifteen (15) minutes per applicant.

C. APPLICANT SELECTION PROCESS

- a. Voting to endorse applicants will be by ballot. The names of all applicants shall be listed on the ballot. Each representative and voting board member will be given a ballot and will vote for up to one (1) applicant only.
- b. The names of the applicant receiving the highest number of votes shall be forwarded to WSO within one (1) week of assembly.
- c. Where there are no applicants for Region Ten Trustee at the assembly, the region, through its region representatives, may endorse an applicant by ballot in accordance with the time requirements stated in OA Inc. Bylaws, Subpart B, Article VII Section 5 - Nomination of Trustees a) Regional Trustees.
- d. Where a Region Ten Trustee vacancy occurs after assembly and 18 weeks before WSBC, the region, through its region representatives, may endorse an applicant by ballot in accordance with the

a. The Region elects Trustee Nominee(s) from OA members within the region and/or the current Trustee Liaison serving the region.

b. The Nominee(s) need to meet the requirements of OA Inc. Bylaws Subpart B, Article VII Section 4(a).

c. Trustees are elected from Nominees at the WSBC. The BOT appoints a trustee as a liaison to each Region.

d. The Trustee Liaison appointed to Region Ten - (also called Region Ten Trustee) serves OA as a member of the BOT and maintains liaison between the BOT and Region Ten.

Section 2. Endorsement Procedure**A. APPLICATIONS**

Any member wishing to gain assembly endorsement must complete both

- a. i) board application form endorsed by their intergroup or a member of the board and
- ii) an electronic application form from WSO website.
- b. Ideally the applicant submits the applications to the Chair no later than fifty (50) days prior to the assembly to enable the formal trustee application to be distributed to the fellowship in the second mailout.
- c. In the event that there are no qualified applicants who have filed their applications fifty (50) days prior to the assembly, the assembly will accept qualified applications from the floor.

B. APPLICANT PRESENTATIONS

Each applicant must be present to speak before the representatives at the assembly. Each applicant may speak for five (5) minutes to be followed by a question-and-answer session which is not to exceed ten (10) minutes. Total presentation time is fifteen (15) minutes per applicant.

C. APPLICANT SELECTION PROCESS

- a. Voting to endorse applicants will be by ballot. The names of all Region Ten applicants shall be listed on the ballot. Each representative and voting board member will be given a ballot and will vote for up to one (1) applicant only.

<p>time requirements stated in OA Inc. Bylaws, Subpart B, Article VII Section 7 - Vacancies Part a) 2).</p>	<p><u>b. In addition, a current Trustee Liaison serving Region Ten may be endorsed by separate ballot at assembly with the proviso that Region Ten does not incur any costs with respect to this Trustee Liaison’s attendance at WSBC.</u></p> <p>b.c The name(s) of the <u>successful</u> applicant(s) receiving the highest number of votes shall be forwarded to WSO within one (1) week of assembly.</p> <p>e.d. Where there are no applicants for Region Ten Trustee at the assembly, the Region, through its region representatives, may endorse an applicant by ballot in accordance with the time requirements stated in OA Inc. Bylaws, Subpart B, Article VII Section 5 - Nomination of Trustees a) Regional Trustees.</p> <p>e.e. Where a Region Ten Trustee vacancy occurs after assembly and 18 weeks before WSBC, the Region, through its region representatives, may endorse an applicant by ballot in accordance with the time requirements stated in OA Inc. Bylaws, Subpart B, Article VII Section 7- Vacancies Part a) 2). <u>b.</u></p>
<p>SUBMITTED BY:</p>	<p>Region Ten Chair</p>
<p>INTENT:</p>	<p>To include the ability to endorse a current non-Region Ten Trustee Liaison as a Trustee Nominee to WSBC in addition to a Region Ten Trustee Nominee.</p> <p>To clarify the financial responsibilities of Region Ten in relation to a non-Region Ten Trustee Liaison nominee’s endorsement - who was appointed by the Board of Trustees and is currently serving in Region 10.</p> <p>To update our bylaws so they refer to the correct areas in the OA Inc Bylaws, Subpart B (May 2022 edition).</p>
<p>IMPLEMENTATION:</p>	<p>Update Bylaws</p>
<p>COST:</p>	<p>Nil</p>
<p>ARGUMENT SUBMITTED:</p>	<p>To ensure our Region Ten Bylaws are not in conflict with the OA Inc. Bylaws - Subpart B.</p>
<p>HISTORY:</p>	<p>Nil</p>
<p>Effect – To allow Region Ten to endorse a current Trustee Nominee who is serving Region Ten and to clarify the financial responsibilities of Region Ten in respect to this endorsement.</p>	

Appendix IV – REGION TEN BUDGET FOR 2022-2023

	2021-2022	2022-2023		A\$	NZ\$	NZ\$>A\$ (0.90)	
Accounts		Expected	\$A Reserve Acct	\$A Main Acc	\$NZ	\$NZ > AUD	Total AUD
Bank Balances per statement 30.09.22			\$6,449.98	\$27,996.81	\$27,614.06	\$24,852.65	\$59,299.44
Tagged Funds							
Prudent reserve	\$ 6,399.39	\$6,449.98					
Trustee Nominee*	\$ 8,500.00	\$ 6,500.00					
		\$ 12,949.98	Tagged				\$ 12,949.98
Available Balance							\$ 46,349.46
INCOME							
Accrued Income (after 30.09.22)							
Total Accrued income		\$ -		\$ -	\$ -	\$ -	\$ 0
General Income							
7th Trad (IG, Group, Service Body)	\$ 19,073.07	\$ 14,000.00				\$ -	
7th Trad (Individual + Automated)	\$ 1,655.00	\$ 1,500.00				\$ -	
Fundraising	\$ -	\$ 500.00				\$ -	
Annual transfer to prudent reserve	\$ 50.00	\$ 50.00					
A&C Surplus	\$ 2,500.00	\$ 2,115.30				\$ -	
Bank Interest	\$ 21.90	\$ 20.00				\$ -	
A&C Float return	\$ 500.00	\$ -				\$ -	
Total Income total	\$ 23,799.97	\$ 18,185.30					\$ 18,185.30
Expected Bank total							\$ 64,534.76

	2021-2022	2022-2023	\$A Reserve Acct	\$A Main Acc	\$NZ	\$NZ > AUD	Total AUD
EXPENSES							
Accrued Expenses							
Chair				\$ 430.00		\$ -	\$ 430.00
Vice Chair				\$ 430.00		\$ -	\$ 430.00
Treasurer				\$ 861.35		\$ -	\$ 811.35
hosting of oaregion10.org					\$ 50.00	\$ 45.00	\$ 45.00
Zoom upgrade				\$ 130.19			\$ 130.19
Webmaster					\$ 75.00	\$ 67.50	\$ 67.50
Accrued Expenses Total		\$ 1,964.04		\$ 1,851.54	\$ 125.00	\$ 112.50	\$ 1,964.04
Board Expenses							
Chair	\$ 1,443.71	\$ 12,215.00		\$ 12,215.00		\$ -	\$ 12,215.00
Vice Chair	\$ 1,603.41	\$ 900.00		\$ 900.00		\$ -	\$ 900.00
Secretary		\$ 1,200.00		\$ 1,200.00		\$ -	\$ 1,200.00
Treasurer	\$ 2,280.85	\$ 1,200.00		\$ 1,200.00			\$ 1,200.00
Total Board Exp	\$ 4,820.29	\$ 15,395.00		\$ 15,515.00	\$ -	\$ -	\$ 15,515.00
Committee/Project Expenses							
Website	\$ 81.00	\$ 648.00		\$ -	\$ 720.00	\$ 648.00	\$ 648.00
Internal Support	\$ -	\$ 2,500.00		\$ 2,500.00	\$ -	\$ -	\$ 2,500.00
International Support	\$ 4,427.50	\$ 10,000.00		\$ 10,000.00	\$ -	\$ -	\$ 10,000.00
Communications Committee		\$ 250.00		\$ 250.00			\$ 250.00

PI/P Exhibits	\$ 5,007.88	\$ 14,250.00		\$ 7,500.00	\$ 7,500.00	\$ 6,750.00	\$ 14,250.00
Total Committee / Projects	\$ 9,516.38	\$ 27,760.00		\$ 20,250.00	\$ 8,220.00	\$ 7,398.00	\$ 27,648.00
Other expenses							
Transfer to Prudent reserve	\$ 50.00	\$ 50.00		\$ 50.00			\$ 50.00
Bank fees and Taxes	\$ -	\$ 37.00		\$ 10.00	\$ 30.00	\$ 27.00	\$ 37.00
Archivist	\$ -	\$ -		\$ -	\$ -	\$ -	\$ -
Region Ten WSBC 2023 DSF	\$ -	\$ 5,000.00		\$ 5,000.00	\$ -	\$ -	\$ 5,000.00
Travel Scholarships Region Ten Reps	\$ -	\$ 3,000.00		\$ 3,000.00		\$ -	\$ 3,000.00
R10 Zoom annual subscription				\$ 250.00		\$ -	\$ 250.00
Zoom subscriptions for R10	\$ 621.64	\$ 725.00		\$ 250.00	\$ 250.00	\$ 225.00	\$ 475.00
Assembly float	\$ -	\$ 500.00		\$ 500.00		\$ -	\$ 500.00
WSO contribution	\$ 5,000.00	\$ 5,000.00		\$ 5,000.00	\$ -		\$ 5,000.00
Other expenses total		\$ 25,889.00		\$ 14,060.00	\$ 280.00	\$ 252.00	\$ 14,312.00
Expense total							\$ 59,439.04
Closing budgeted funds surplus							\$5,095.72

Appendix V – COMMITTEE ACTION PLANS

INTERNAL SUPPORT Committee Action Plan

Committee Chair: Jill

Committee Members: Sonia, Claudia (Board Liaison)

OBJECTIVE 1: Maintain continued interaction between R10 reps, liaisons, committees and board

Tasks	Action	Costing	Who's responsible	Completion date
1. Regular online meetings (Quarterly - TBC)	<ul style="list-style-type: none"> - Set up zoom meetings on R10 account - Make poster - Take Minutes - Distribute minutes (once approved) - Draft agenda - Send email invitations - Chair meeting - Send to R10 board for approval - WhatsApp invitations 	\$0 R10 zoom already paid	<ul style="list-style-type: none"> - Sonia - Jill - Claudia 	Ongoing e.g. Early December, March, June, and August
2. Discover which resources can/will be shared	<ul style="list-style-type: none"> - Ask R10 members what information they would like to see from other intergroups in R10? - R10 reps/committees to send posters, events, workshops to be share with the region - Liaise with each committee to prevent overlap - Contact individual R10 members to request information - Ask R10 Board for approval 	\$0	<ul style="list-style-type: none"> - Jill to chair discussion at first meeting - All - All - Sonia to collate+ organise resources - Claudia 	Ongoing
3. Liaise with Communications committee on upload and distribution of important information	<ul style="list-style-type: none"> - Once the information is gathered and approved, we liaise with the Communication committee to make it available to the region if required 	\$0	<ul style="list-style-type: none"> - Jill/Claudia - Sonia to assist with upload/tech side 	Ongoing

OBJECTIVE 2: Increase understanding of 12 Traditions among intergroups and how to apply them

Tasks	Action	Costing	Who's responsible	Completion date
1. Organise a 12 Traditions workshop for R10 members who are interested	<ul style="list-style-type: none"> - Set up zoom meetings on R10 account - Make poster - Send email invitations - WhatsApp invitations - Send to R10 board for approval - Liaise with Susan and/or Lee to chair the workshop 	\$0	<ul style="list-style-type: none"> - Sonia - Jill - Claudia 	March 2023??
2. Organise a 12 Tradition workshop for Japan (Practical application, basics?)	<ul style="list-style-type: none"> - Liaise with International support committee to organise the Japanese side of the workshop (including translation, flyers in Japanese) - Liaise with Susan and/or lee to Chair the workshop - Facilitate for the workshop to run: Zoom and support as required 	\$2,500.00 (if translation needed)	<ul style="list-style-type: none"> - Jill and Claudia - Susan/Lee - Sonia and All 	To discuss with International support Committee
3. Organise 12 Tradition workshops for individual IG's (on request)	<ul style="list-style-type: none"> - Communicating with each IG to identify particular needs - Opportunity to incorporate service/primary purpose into workshop - Liaise with Susan and Lee to organise - Facilitate for the workshop to run: Zoom and support as required - Posters for workshop 	\$0	<ul style="list-style-type: none"> - Jill and Claudia - Susan/Lee - Sonia and All - Sonia 	TBC; Depends on interest, can combine IGs together if needed

INTERNATIONAL SUPPORT Committee Action Plan

Committee Chair: Kaye Committee Secretary: shared. Committee Members: Elke, Dinah, Samantha (Board Liaison)

OBJECTIVE 1: Continuing to support South Korean members

Tasks	Action	Costing	Who's responsible	Completion date
1. Traditions Workshops with Elke and South Korean members	<ul style="list-style-type: none"> • Prepare focus questions and discuss with Kim • Continue to run 12 Traditions workshop on Monday nights, in 40minutes zoom sessions, followed by 20 mins sharing in Korean • Workshop will run 16 weeks and end mid-end of January 2023 • Investigate zoom options so that the zoom account cost is not incurred by members (ask Lee about her WS account) 	nil	<p>Elke and Kim Elke and Kim</p> <p>Elke and Kim</p> <p>Kaye to discuss with Elke and Lee</p>	Ongoing
2. Keep in regular contact for support	<ul style="list-style-type: none"> • Monthly zoom meetings • Discuss with Kim 	nil	Elke and Kim	Ongoing
3. Evaluate workshops and then present an overview of the 12 Traditions workshop; provide a report to ISC.	<ul style="list-style-type: none"> • Working with Kim and Korean members 	nil	Elke and Kim	March 2023

OBJECTIVE 2: Create a document from Elke’s report on workshops with South Korea for use in Region Ten

Tasks	Action	Costing	Who’s responsible	Completion date
1. Decide on a framework in which this document can be used in the future eg: <i>An example of bilingual 12 Step workshop; Running a 12 Step workshop across cultures</i>	<ul style="list-style-type: none"> • Discuss with Elke and Kim whether they think this is a good idea • Discuss a framework/context in which the document would sit • Write an opening introduction to the document including why the workshop was run; the complexity of cross-cultural sharing; the experience of the leaders of the workshop etc 	Nil	Elke, Kim, Kaye	Ongoing

OBJECTIVE 3: Research available options for translation and interpretation

Tasks	Action	Costing	Who’s responsible	Completion date
1. Research etc	<ul style="list-style-type: none"> • Potential options to research: software, zoom upgrade, live interpretation with interpreters • Recruit new member (perhaps from outside R10 Assembly) 	10,000.00	need a recruit!	
2. Organising interpretation for R10 A&C	<ul style="list-style-type: none"> • Making a decision from above research • Actions as necessary 			

OBJECTIVE 4: Continue working with Japanese Fellowship, finding out how best we can communicate with and support them

Tasks	Action	Costing	Who’s responsible	Completion date
1.Continue communications with Satoshi and the Japanese National Service Board	<ul style="list-style-type: none"> • Communication through WhatsApp and with support from bilingual OA members • Asking Japanese Fellowship how ISC can best support them: a traditions workshop? 		Sam	Ongoing

	<ul style="list-style-type: none"> • Can we offer interpretation at ISC meetings? 			
2. Invite Trustee Liaison to ISC meeting to share her experience with interpretation and technology.	<ul style="list-style-type: none"> • On the agenda to make a time that suits us all. • Write questions ahead of the meeting 		Kaye Committee Meeting	early 2023

OBJECTIVE 5: To continue support the Singapore Fellowship, including electing a Liaison for Assembly 2023

Tasks	Action	Costing	Who's responsible	Completion date
1 Encourage Singapore Fellowship to elect a R10 Liaison	Continue conversation with Singapore: attending online meetings where possible; attending f2f when visiting Singapore.	nil	Dinah	Ongoing
2 Find out if the Singapore members would like more support from ISC: international speakers at their meeting; run a workshop etc	<ul style="list-style-type: none"> • Investigate if this would be of service to them • Discussion with Singapore Fellowship • Continue with support and friendship • Find speakers if requested • Invite a member to a committee meeting 	nil	Dinah	Ongoing

PUBLIC INFORMATION/PROFESSIONAL OUTREACH (PI/PO) Committee Action Plan

Committee Chair: Angela Committee Secretary: Alison Committee Members: Christine, Sacha, Faith, Susan (Board Liaison)

OBJECTIVE 1: Developing a PI resource bank for Intergroups:

Tasks	Action	Costing	Who's responsible	Completion date
1. Discover what PI resources have been developed and successfully used	Contact the Intergroups via the region 10 rep	Nil	NZ - Angela, Sacha, AUST - Alison	September 2023
2. Discover what international PI resources are available	Search and make contact with other regions especially the websites	Nil	Angela, Sacha	September 2023
3. That Region Ten Board Approval is sought in relation to any items being put on the Region Ten website or Google Drive	Send material to PI/PE Board liaison to organise approval through Region Ten Board	Nil	Angela or Alison	September 2023

OBJECTIVE 2: Publish PI resources on Region 10 website

Tasks	Action	Costing	Who's responsible	Completion date
1. Develop the resources to be put on the website	Send BOT approved materials to R10 Chair to liaise with the webmaster to put them on the website.	Nil	Angela or Alison	September 2023

OBJECTIVE 3: To increase OA’s visibility to professionals

Tasks	Action	Costing	Who’s responsible	Completion date
1. Identify key conferences in Australia and New Zealand	Identify key conferences in Australia and New Zealand for committee discussion.	Nil	Faith, Angela, Alison, Sacha	September 2023
2. Approach key conferences and get a booth within budget.	Approach key conferences, confirm booth, (likely late approval from conferences – 6 weeks before). Ask is a discount available for not- for-profit organisations.	A\$7,500 NZ\$7,500	Faith, Angela, Alison, Sacha	September 2023
3. Explore digital platforms for connecting with professionals	Compile a list and make available on Region 10 website	Nil	Faith, Angela, Sacha, Alison	September 2023

COMMUNICATIONS Committee Action Plan

Committee Chair: Johnny Committee Secretary: Nadene Committee Members: Lee, Elizabeth

OBJECTIVE 1: Create a statement of purpose for our committee

Tasks	Action	Costing	Who's responsible	Completion date
1.The Communications Committee is responsible for developing updating and monitoring Region 10's communications policy, social networking accounts and electronics discussion groups. This will be phased in over time.	Recommending new ways for region 10 to communicate with IGs and members and other interested parties. (e.g. Committees, Virtual Region).	0	Johnny Lee Nadene Elizabeth	Ongoing

OBJECTIVE 2: Create a Central Repository

Tasks	Action	Costing	Who's responsible	Completion date
1. Review our knowledge of Google Drive	Have a training session on Google Drive, available to all Region 10 Reps, Liaisons and Board.	0	Lee or another Trustee	Dec 1 st 2022.
2. Create Google Drive for Region 10 if necessary. Choose size of plan.	A) Check with the R 10 Board on what type of account they have. B) Create central repository for Region 10 reps and liaisons. C) Update passwords after each Assembly.	\$250 annual	A) Lee B) Committee C) Committee	19 October
3. Combined meetings with overlap. with Internal Support Committee, PI/PE, International Support.	Find out what the R 10 IGs are using?	0	John	Ongoing

4. Update forms accessed online.	Nadene to ask partner to help set up online forms	0	Nadene	Dec 1st
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OBJECTIVE 3: Region 10 Website

Tasks	Action	Costing	Who's responsible	Completion date
1. Find out what our role is in relation to the website.	Make suggestions to the board via liaison.	0	Committee	Ongoing
2. Suggest having a committee page on the website.	Ask Board for this to be put on the website Contact secretary of each. committee for a statement of purpose etc	0	Each Region 10 Committee	31 January 2023
3. Suggest a Team Up calendar or similar. (Time zones appear automatically in your time zone.)	A) Post calendar on website showing Zoom room usage. B) See when all the committees meet.	0	A) Lee B) Nadene	10 Dec 2022